

# PUBLIC HEALTH HEALTH PROMOTION AND WELLNESS CONCENTRATION

MASTER OF PUBLIC HEALTH (MPH)  
DEPARTMENT OF PUBLIC HEALTH  
COLLEGE OF HEALTH PROFESSIONS



**DELIVERY METHOD**  
100% online

**START TERMS**  
Fall or Spring

**COMPLETION TIME**  
21 months (full-time)

**NUMBER OF CREDITS**  
42 credits

**CONCENTRATION**  
Health Promotion and Wellness



## ABOUT THE PROGRAM

Are you about to graduate or currently working and thinking of a graduate degree in Public Health? The MPH program at SRU is the place for you. Our program is seeking full accreditation by the "Council on Education for Public Health (CEPH)".

We offer **100% online** Master of Public Health program. The SRU MPH program is practitioner-based and we prepare our students for leadership positions in Public Health.

In the United States, between 2020 and 2030, the MPH-occupations are projected to add about **118,449** jobs to the economy. (EMSI)

Within a 150-mile region around Slippery Rock University, between 2020 and 2030, MPH-related occupations are projected to grow by a total of **10%**. (EMSI)

According to the Bureau of Labor Statistics, healthcare occupations and those related to healthcare are projected to account for 18 of the 30 fastest growing occupations.

The program requires a practicum experience allowing students to further develop relevant skills in an applied setting. The knowledge and skills learned enables graduates to address public health issues at the community, institutional, and societal levels.

## PROGRAM GOALS

- Train students and professionals in a flexible online curriculum with the knowledge and skills to promote healthy lifestyle, prevent diseases and support environmental health in our communities
- Promote faculty and student research that address the public health needs of all populations including those at-risk and from underserved communities
- Encourage and support faculty and students to participate in community-engagement services that eliminates health disparities, environmental inequities, and promote health and wellness among individuals and populations

## PROGRAM HIGHLIGHTS

- The application for CEPH accreditation has been accepted
- No GRE required
- 100% online - get your degree without relocating to Pennsylvania
- Network with fellow students through group activities
- Complete the 42-credit program in 21 months for full-time students
- Exposed to the field by dedicated and experienced faculty members
- Skills and knowledge to take the Master Certified Health Education of Specialist (MCHES) and Certified in Public Health (CPH) examinations

## PROGRAM OPPORTUNITIES

Upon graduation, students with the "Health Promotion and Wellness" concentration will be able to:

- Demonstrate how wellness is multi-dimensional and holistic, encompassing lifestyle, mental well-being, spiritual well-being and the environment
- Develop effective population health strategies for communicating with clients to enhance health and wellness
- Incorporate written formats and media technology to increase the likelihood of engaging priority populations in health promotion programs
- Recognize barriers to culturally competent provider-consumer relationships and identify strategies to overcome barriers
- Analyze ways that a person contributes to their environment and community, and identify how to build living spaces and social networks that promote wellness

## ADMISSION REQUIREMENTS

All applicants must submit the following materials along with a completed online graduate application and non-refundable application fee:

1. All prerequisite courses must be completed with a grade of C or better, prior to submission of application.
2. Official undergraduate degree transcript(s) and any graduate transcripts.
3. A minimum of a 3.0 cumulative GPA in an undergraduate major.
4. Previous completion of a statistics course and either one social science or one natural science course.
5. Personal statement indicating career goals and personal philosophy related to interest in Public Health.
6. One electronic recommendation form.
7. GRE not required.

**SlipperyRock**  
University

A member of Pennsylvania's State System  
of Higher Education

EXPERIENCE THE DIFFERENCE

[www.sru.edu/graduate](http://www.sru.edu/graduate)

## CURRICULUM GUIDE

### Required Core Courses

HLTH 604	Social and Behavioral Aspects of Health and Wellness	3
HLTH 605	Health Services Administration	3
HLTH 606	Principles of Epidemiology	3
HLTH 607	Designing and Conducting Health Surveys	3
HLTH 608	Planning and Implementation of Public Health Strategies	3
HLTH 609	Practicum in Public Health	3
HLTH 610	Occupational and Environmental Health Science	3
HLTH 627	Public Health Culminating Experience	3
HLTH 628	Biostatistics for Public Health	3
HLTH 631	Foundations of Public Health	3
<b>Subtotal</b>		<b>30</b>

### HEALTH PROMOTION AND WELLNESS CONCENTRATION

HLTH 611	Infectious and Chronic Disease	3
HLTH 616	Health and Wellness Coaching	3
HLTH 617	Health Marketing and Communication	3
HLTH 618	Program Evaluation	3
<b>Subtotal</b>		<b>12</b>

**Total Hours** **42**

### IMPORTANT CURRICULUM GUIDE NOTES

This Curriculum Guide is provided to help SRU students and prospective students better understand their intended major curriculum. Enrolled SRU students should note that the My Rock Audit may place already-earned and/or in progress courses in different, yet valid, curriculum categories. Enrolled SRU students should use the My Rock Audit Report and materials and information provided by their faculty advisers to ensure accurate progress towards degree completion. The information on this guide is current as of the date listed. Students are responsible for curriculum requirements at the time of enrollment at the University.

PASSHE - Pennsylvania State System of Higher Education  
Institutions  
Major Code: 9MPH  
Concentration Code: WELL, ENOH

### TUITION & ASSISTANTSHIPS

Information on current tuition and assistantships can be found on the main Graduate Admissions website at [www.sru.edu/graduate](http://www.sru.edu/graduate). Financial Aid brochures are available through the Financial Aid Office [www.sru.edu/FinAid](http://www.sru.edu/FinAid).

## CAREER OPPORTUNITIES

Employment of health education specialist is projected to grow 17% from 2020 to 2030, which is much faster than the average for all occupations with a median annual salary of more than \$60,600 (Bureau of Labor Statistics, 2022).

An MPH graduate with a concentration in health promotion and wellness could work in these agencies or organizations with the following job descriptions:

- Federal government (CDC, USDA, NIH)
- Health departments (state and county)
- Nongovernmental organizations
- Intergovernmental organizations

### Job descriptions such as:

- Health scientist
- Health coach
- Health inspector
- Food Inspector
- Faculty member/teacher
- Health education specialist
- Community health consultant
- Health education coordinator
- Program specialist
- Research associate
- Public health educator
- Public information officer
- Community health worker
- Community specialist
- Social service specialist

## ACCREDITATION

Slippery Rock University, Masters of Public Health Program is an applicant for accreditation by the Council on Education for Public Health (CEPH). The accreditation review will address the MPH degree with concentrations in Health Promotion and Wellness (HPW) and Environmental and Occupational Health (EOH) included in the accreditation unit, as defined in the Council's letter accepting the application. Other degrees and areas of study offered by this institution will not be included in the unit of accreditation review.

## PROFESSIONAL LICENSURE CERTIFICATION

All candidates completing this program are eligible to sit for the Master Certified Health Education Specialist (MCHES) examination or National Board of Public Health Examiners' Certified Public Health (CPH) examination (assuming all other examination requirements have been met).

## FOR QUESTIONS ABOUT ACADEMICS AND COURSE SCHEDULING:

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## FOR QUESTIONS ABOUT ADMISSIONS:

Office of Graduate Admissions  
104 North Hall, Welcome Center  
Slippery Rock, PA 16057  
[www.sru.edu/graduate](http://www.sru.edu/graduate)  
724.738.2051 or 877.SRU.GRAD  
[graduate.admissions@sru.edu](mailto:graduate.admissions@sru.edu)

The educational policies and procedures are continually being reviewed and changed in keeping with the mission of the university. Consequently, this document cannot be considered binding and is intended to be used as only an informational guide. Students are responsible for being informed of official policies and regulations for meeting all appropriate requirements.