The Exercise is Medicine® (EIM) graduate assistant will assist Exercise Science faculty in the coordination and execution of the SRU EIM referral program. The EIM graduate assistant will facilitate ongoing communication with university health care providers and fitness professionals to accept referrals and provide individualized exercise prescriptions. In addition, the EIM graduate assistant will assist with EIM administrative tasks, projects related to enhancing physical activity on campus and implementing campus wellness initiatives.

Job Functions/Responsibilities – List the duties this graduate assistant will be expected to perform.

• Assisting faculty in the planning and conducting of the EIM referral program at SRU by
  – Collecting health center and counseling center referrals
  – Providing motivational interviewing and goal setting to referred clients
  – Executing fitness assessments to referred clients
  – Planning and executing individualized exercise prescriptions
  – Documenting client progression
  – Evaluating and summarizing client program satisfaction
  – Providing client reports to university health care professionals
  – Communicating with fitness center staff/administration
• Assisting with yearly EIM on Campus Recognition application
• Developing and maintaining SRU’s EIM webpage
• Planning and implementing wellness activities for campus and community
• Mentoring undergraduate students working with clients in the SRU EIM referral program

Desired Qualifications – List the experiences and/or abilities you wish an applicant for this position to have.

• Excellent interpersonal communication skills
Exercise Science – Exercise is Medicine – Graduate Assistant

- Effective organizational, leadership, critical thinking skills, and attention to detail
- Ability to work independently and as a team
- Demonstrate initiative and creativity with work assignments
- Experience using motivational interviewing and wellness coaching
- Experience with fitness assessments and exercise prescription
- Experience working with clients in exercise settings
- Excellent computer skills and knowledge of Word, Excel, Publisher, and Powerpoint
- Current certifications in CPR/AED and First Aid and Safety
- Knowledge of the SRU Exercise is Medicine program preferred

Graduate Student Outcomes – List the skills/abilities the graduate assistant can expect to learn in this position.

- Provided an opportunity to be a member of the SRU EIM on Campus Leadership team for global registration and recognition
- Enhanced motivational interviewing and wellness coaching skills
- Advanced skills in critical thinking, problem-solving, and professional decision-making when working one-on-one with a client
- Detailed understanding and working of the global EIM and EIM on Campus mission, vision, and outcomes
- Refined professional teamwork and leadership skills
- Advanced fitness assessment and exercise programming skills and experience

Appropriate SRU Graduate Majors – List the SRU graduate programs that would be the most appropriate source of candidates for this position based on the job description and the expected learning experiences.

- Physical Therapy
- Physician Assistant

Supervisor’s Expectations – List the work expectations you, as the supervisor, have for this position. Include hours to be worked and preferred work schedule.

- The graduate assistant will work 8.75 hours per week. The hours may vary depending on the student’s schedule, but early mornings, evenings, and weekend hours may be necessary.
**Supervisor's address:**

Department of Exercise and Rehabilitative Science 306
Patterson Hall
Slippery Rock, PA 16057
United States

**Phone Number:**

(724) 738–2830

**Email:**

patricia.pierce@sru.edu