Exercise Science Graduate Assistant

**Department:** Exercise and Rehabilitative Sciences

**G.A. Position:** Exercise Science Graduate Assistant

**Supervisor:** Dr. Patricia A. Pierce

**Job Description** – Present a one paragraph description of the purpose for this position.

The graduate assistant will assist the ERS Department Chairperson and the Exercise Science program coordinator in supervising the Rock Personal Training Program and implementing campus wellness activities.

**Job Functions/Responsibilities** – List the duties this graduate assistant will be expected to perform.

- Monitor and supervise Exercise Science Senior Synthesis students and clients in the Rock Personal Training Program at the Aebersold Recreation Center
- Oversee and organize fitness assessments related to the Exercise Science Senior Synthesis course
- Plan and implement health and wellness activities for campus and community
- Input and summarize data relating to fitness assessments, client information and projects associated with the Rock Personal Training Program

**Desired Qualifications** – List the experiences and/or abilities you wish an applicant for this position to have.

- Excellent written and interpersonal communication skills
- Effective organizational, leadership and critical thinking skills
- Ability to work independently and as a team
- Demonstrate initiative and creativity with work assignments
- Knowledge of fitness assessments and exercise prescription
- Experience working with clients in exercise settings
- Excellent computer skills and knowledge of a variety of software packages including Word, Excel, Publisher, and Powerpoint
- Current CPR/AED and First Aid and Safety certifications
- Knowledge of the SRU Exercise Science program preferred
### Graduate Student Outcomes – List the skills/abilities the graduate assistant can expect to learn in this position.

- Communication and organizational skills
- Critical thinking and problem solving skills
- Leadership skills
- Fitness assessment and exercise programming knowledge, skills and abilities
- Experience planning, implementing and evaluating wellness programming

### Appropriate SRU Graduate Majors – List the SRU graduate programs that would be the most appropriate source of candidates for this position based on the job description and the expected learning experiences.

- Physical Therapy
- Physician Assistant

### Supervisor’s Expectations – List the work expectations you, as the supervisor, have for this position. Include hours to be worked and preferred work schedule.

The graduate assistant will work 8.75 hours per week. Must be able to work Wednesday mornings and/or Thursday evenings.

### Supervisor’s address:

Department of Exercise and Rehabilitative Science  
306 Patterson Hall  
Slippery Rock, PA 16057  
United States

### Phone Number:

(724) 738–2830

### Email:

patricia.pierce@sru.edu