

# I am The **ROCK**

## Jeffrey Figel

**Job:** Refrigeration mechanic, facilities and planning.

**Joined SRU:** 1983.

**Background:** I am originally from Monessen, an old steel mill town in the Mon Valley. I bumped around from college to the U.S. Navy, where I was trained in damage control, firefighting and weapons handling. I eventually earned a reservist retirement from the Navy after 28 years. Before coming to SRU, I was a welder for a boiler company in New Kensington.

**Interests:** I am a sports fanatic, a health enthusiast, history buff, and I have an inquisitive interest in science and technology.

**Last book read:** 'Me of Little Faith' by Lewis Black.

**Why I work at The Rock:** I work at Slippery Rock University because of the great atmosphere where work can be fun. The Rock is currently providing my daughter and two sons a Rock Solid education as a benefit to me for working at this state institution. This secure means of employment has provided my family and me solid health care, numerous benefits, fair wages, long friendships and a balanced lifestyle over many years.

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