

I am The **ROCK**

Brian Mortimer

Job: Coordinator of wellness at the Russell Wright Fitness Center in the Robert N. Aebersold Student Recreation Center.

Joined University: September 1999.

Background: Bachelor's degree in physical education, emphasis in exercise science, from SRU in 1994; master's degree in physical education, emphasis in cardiopulmonary rehabilitation, from SRU in 1996.

Interests: Health, fitness, nutrition, education, family. I am a huge sporting fan. I currently teach health science part time for Butler County Community College. I am an adviser for Alpha Sigma Phi Fraternity and The SRU Bodybuilding and Fitness Club. I am also currently enrolled at Argosy University in its doctoral program for educational leadership.

Last Book Read: 'Health – the Basics' by Rebecca J. Donatelle.

Why I work at the Rock: SRU is truly like home to me. I grew up through the Slippery Rock School District and have always appreciated the affiliation that SRU has had with the local community. My first job as an SRU student employee was working in the Russell Wright Fitness Center that was located in the basement of East Gym. When I graduated from The Rock, I emphasized the fitness facility management skills I learned from my employment as well as from my academics to secure my first job. When I saw the coordinator position posted at SRU, I knew that atmosphere would be a fantastic work environment. I was right. It's been an awesome experience so far.



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