



I am
The **ROCK**

John Papa

Job: Head men's and women's track and field and cross country coach, which have won 19 PSAC championships since I became head coach in 1987. I am responsible for the recruitment, retention, academic progress, athletic performance and the general well being of more than 100 student athletes.

Joined University: Graduated from SRU in 1979 with a degree in elementary education, became assistant track and field coach in 1984.

Background: Taught elementary school and coached at a high school in Leesburg, Va., for four years. Graduate of Gateway High School, Monroeville.

Interests: Photography, music, biking, general fitness activities.

Last book read: "Daniels Running Formula" by Jack Daniels.

Why I work at The ROCK: I had a great experience at SRU as a student. My track and field coach at that time was Bill Lennox. He taught me the meaning of hard work and doing things the right way. I learned how to out work my competition and how to be the best. I now work at The ROCK in order to teach student-athletes what I was taught back in the 1970s.

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