Patty Pierce

Job: Professor of exercise and rehabilitative sciences. I teach ‘Exercise Science Senior Synthesis’ and supervise interns. As part of the course and in collaboration with the ARC, we manage The Rock Personal Training Program, which has been an excellent outreach opportunity for the campus and community.


Background: After graduating from Montour High School, I attended SRU. I was a member of the gymnastics team and earned a bachelor’s degree in physical education. I taught physical education in the Upper St. Clair School district in addition to being a personal trainer and group fitness instructor and completing a master’s degree in exercise physiology at the University of Pittsburgh. I was lucky enough to land a position at my alma mater teaching physical education and exercise science courses. In 2001, I earned a doctorate in exercise physiology from the University of Pittsburgh.

Interests: Exercise, of course, and Spending time with my husband and daughter and enjoying my childhood all over.

Person(s) I would most like to have dinner with: Marie Curie and Princess Diana.

Why I work at The Rock: SRU is a place where you can make a difference. It is a community of individuals with a passion for teaching and mentoring students to help them find their way and be productive members of society. SRU has given me the opportunity to grow professionally and personally and the privilege of working with great students, colleagues and friends.