

# I am The **ROCK**

## Wendy Stuhldreher

**JOB:** Professor of public health and assistant to the dean, College of Health, Environment and Science.

**JOINED SRU:** 1993 – when my oldest son started college.

**BACKGROUND:** I grew in the town of Bedford, Ohio, a suburb of Cleveland. I received my bachelor's and master's degrees from Kent State University in nutrition. I raised a family for many years before attending the University of Pittsburgh in the doctoral program in epidemiology, so I embarked on an adventure in the world of epidemics.

**INTERESTS:** My family provides me with the greatest joy. I am a mother of three adult sons, all married and a grandparent of two. I spend as much time as possible with extended family at a family cottage at Lakeside, Ohio, a Chautauqua community. I like to cook for large crowds of family and enjoy the tastes from many cuisines. I enjoy being physically active, walking with my husband and doing Zumba and weight training classes with my friends. I play flute and piano and have been active in Catholic church choirs for more than 35 years.

**PERSON I WOULD MOST LIKE TO HAVE DINNER WITH:** Mother Theresa. She is the model of service to the human race and valued all life no matter how insignificant that life was to society.

**WHY I WORK AT THE ROCK:** I taught at large universities before coming to SRU. Slippery Rock University is the right fit for me. I love teaching. I enjoy challenging students to be the best they can be. The campus culture at Slippery Rock University fosters good teaching and rewards it. I want public health graduates to reflect on their classes with me and say, 'Dr. Stuhldreher really helped me to be prepared to work in public health' or, 'I am confident in my abilities because of Dr. Stuhldreher's classes.' I love to hear about the wonderful things our public health graduates have done. That makes teaching so rewarding.

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University<sup>SM</sup>