SRU Co-Ed Volleyball Camp Information

Location/Facilities

The Aebersold Student Recreation Center, located on the campus of Slippery Rock University, with five air-conditioned wood courts is the site for this year's camp.

Medical Information

SRU and the SRU Foundation Inc. do not provide medical insurance for campers. Athletes with special medical problems must notify the camp director; all medications must be registered. Athletes must supply their own tape except in the event of an emergency.

Housing

The camp will be conducted on the campus of Slippery Rock University. Guests will be housed in the residence suites. Each suite is air-conditioned and includes a mini refrigerator and a microwave oven. Each suite features a private bathroom including a shower for every two beds. Linens are available for a one time charge of $12. Registration fees are based on double occupancy.

What To Bring

Only casual dress is necessary. Campers should bring an adequate supply of shorts, T-shirts, socks and toiletries for the camp. Also bring knee pads, court shoes, sweats, swimsuit, towels, pillow and linens (single bed).

Commuter Information

Daily sessions begin at 8:30 a.m. in the Aebersold Student Recreation Center. (Depending on the group you are assigned.) Sessions end between 9 - 9:30 p.m. Friday and Saturday.

Questions?

For more information contact Coach Laurie Lokash at 724.738.2817 or e-mail: laureen.lokash@sru.edu
or contact the Office of Conference Services at 724.738.2027 or e-mail: conferenceservices@sru.edu
Camp Schedule

Friday
3-5:30 p.m.  Registration at Building A
6:30-9 p.m.  Introductions, testing and individual skills session at Aebersold Student Recreation Center

Saturday
7-8:15 a.m.  Breakfast
8:30-11:30 a.m.  Individual skills session plus team play concepts
11:30-1:30 p.m.  Lunch
1:30-4:15 p.m.  Team drills
4:30-6:00 p.m.  Dinner
6:30-9:30 p.m.  Individual skills session plus team play concepts

Sunday
7:00-8:15 a.m.  Breakfast
8:30-11:30 a.m.  Training and tournament play
11:30 - 1:00 p.m.  Lunch
1:30-4:15 p.m.  Training and tournament play
Camp Staff Members

Camp Director: Laurie Lokash

Coach Lokash is in her 31st year as head coach at SRU. Her teams have won more than 500 matches and have made several appearances at the NCAA championships. Coach Lokash's teams have always been recognized for their aggressive defensive play. She has coached numerous all-conference players.

Sheron Watson

Ms. Watson is recognized as one of the most successful coaches in Pennsylvania volleyball history. While coaching at Norwin High School, she led the Knights to 12 PIAA championships and 15 WPIAL championships. She is widely known for her ability to develop a level of competence in the execution of volleyball skills. Coach Watson has helped numerous players gain college volleyball scholarships after graduating from her program.

Janet O'Dell

Ms. O'Dell was a former coach at University of Pittsburgh at Greensburg and Hempfield High School. She is currently a certified USAV and PAVO volleyball official. She played her collegiate ball at Clarion University.

Phil Pisano

Mr. Pisano is currently the head men's and women's coach at Penn State Behrend College in Erie, Pennsylvania. He is a Slippery Rock University graduate who worked with the women's program for five years. As an undergraduate, Coach Pisano also played as a setter on the nationally ranked men's volleyball team.

J.R. McFarland

Mr. McFarland is the former head coach at Wilmington High School in New Wilmington, Pennsylvania. He was known for his ability to develop quality student-athletes in a small-school setting. A number of his players were selected for all-state honors and many have had the opportunity to play volleyball at the collegiate level.

Erin Street

Ms. Street is the head coach at Grove City College. She was the graduate assistant for Rock Volleyball prior to becoming the assistant coach. As an undergraduate, she was a setter at Wheeling Jesuit.

Tonja Ayala
Ms. Ayala is a former coach at Moon High School and Renaissance Volleyball Club in Pittsburgh. She is also a certified strength and conditioning specialist. She played her undergraduate career at Virginia Commonwealth University.

**Lisa Hildebrand**

Ms. Hildebrand is a former standout outside hitter for Slippery Rock University. Hildebrand has been a constant member of SRU's volleyball summer camp staff for the past 11 years.

**Layna Erney**

Ms. Erney is a former All-Conference outside hitter for Slippery Rock Women's Volleyball. She has been a member of the SRU camp staff in the past.

**Tammy Swearingen**

Ms. Swearingen is the head coach at Westminster College. She has been the head coach there for 21 seasons and her teams have won more than 400 matches during that period of time. She is a graduate of Youngstown St. University.

**Rae El Johnson**

Ms. Johnson is a teacher and coach at Kane High School. She played her undergraduate career as an OH/DS at the Rock.

**Curt Conser**

Mr. Conser is the current co-head coach at Geneva College, and the club director for Infinity Volleyball club.
Cost & Registration

Cost

**Resident: $225, Commuter: $190**
Includes instruction, meals (commuter lunch and dinner provided), lodging, and a camp t-shirt.

Non-Refundable Deposit

A non-refundable deposit of $50.00 is included in the registration fee.

**Dinner will be served on Friday night.**

Camp Check In

Friday, June 12th from 3-5:30 p.m. at Building A on the SRU campus. The first session will start Friday at 6:30 p.m. at the Aebersold Student Recreation Center. The last session will end Sunday at 4:15 p.m. Please follow directional signs on campus to Building A.

**Commuters:** Daily sessions begin at 8:30 a.m. in the Aebersold Student Recreation Center. Sessions end between 9-9:30 p.m. Friday and Saturday.

**Click here to REGISTER NOW!**