Information

Location/Facilities
The Aebersold Student Recreation Center, located on the campus of Slippery Rock University, with five air-conditioned wood courts is the site for this year’s camp.

Medical Information
SRU and the SRU Foundation Inc. do not provide medical insurance for campers. Athletes with special medical problems must notify the camp director; all medications must be registered. Athletes must supply their own tape except in the event of an emergency.

Housing
Guests will be housed in the residence suites. Each suite is air-conditioned and includes a mini refrigerator and a microwave oven. Each suite features a private bathroom including a shower for every two beds. Registration fees are based on double occupancy.

What to Bring
Only casual dress is necessary. Campers should bring an adequate supply of shorts, T-shirts, socks and toiletries for the camp. Also bring knee pads, court shoes, sweats, swimsuit, towels, pillow and linens (single bed).

Commuter Info
Daily sessions begin at 8:30 a.m. in the Aebersold Student Recreation Center. (Depending on the group you are assigned.) Sessions end between 9 - 9:30 p.m. Friday and Saturday.

Questions?
For more information contact Coach Laurie Lokash at 724.738.2817 or e-mail: laureen.lokash@sru.edu OR contact the Office of Conference Services at 724.738.2027 or e-mail: conferenceservices@sru.edu

Directions

From Pittsburgh Area:
Take I-79 North to Exit 105 (Slippery Rock Exit). At the exit, turn left onto Route 108 East (4 miles). Once in the village of Slippery Rock, turn right onto Route 173 South (Main St., first set of lights) and at the university turn left onto Morrow Way.

From Points North:
Take I-79 South to exit 113 (Grove City). Turn left onto Leesburg-Grove City Road and then take first right (at stop light) onto 258 South (Mercer Butler Pike). At the university turn left onto Morrow Way.

From Ohio & Points West:
Take I-80 West to Exit 29 (Barkeyville Exit). At the exit, turn left onto Route 8 South (8 miles). Turn right onto Route 108 West (2 miles). Once in the village of Slippery Rock, turn left onto Route 173 South (Main St., first set of lights) and at the university turn left onto Morrow Way.

From Points East (Turnpike):
Take the Turnpike West to Exit 28 (Cranberry Township). Upon exiting the turnpike, follow Route 19 North towards Zelienople. Stay right on Route 19 and look for signs directing you to I-79 North to Erie. From I-79 North (35 miles), take Exit 105 (Slippery Rock Exit). At the exit, turn left onto Route 108 East (4 miles). Once in the village of Slippery Rock, turn right onto Route 173 South (Main St., first set of lights) and at the university turn left onto Morrow Way.

From Butler Area:
Take Route 8 North to Route 173 North (Old Stone House located at the intersection of Routes 8 & 173). Veer left onto Route 173 North. Follow Route 173 (3 miles); continue on Route 173, at the university turn right (After the Kiester Rd. intersection) onto Morrow Way.

Co-Ed Volleyball Camp
Summer 2016
**About the Camp**

The Slippery Rock University Adult Co-Ed Volleyball Camp will be June 10-12, 2016. The camp will be under the direction of SRU women's volleyball coach, Laurie Lokash. Athletes will receive instruction from top high school and college coaches. The camp is intended for volleyball players of all levels who are at least 21 years old. The camp offers a solid program that combines individual and team skill development, while providing campers with the opportunities to train at their own level. The enrollment for the camp is limited to 80 athletes in order to provide a positive, quality experience for each camper.

**Camp Philosophy**

The Slippery Rock University coaching staff is committed to training athletes by providing each player with the opportunity to learn and enhance the fundamental skills of volleyball. We attempt to teach the game by providing quality instruction in conjunction with competitive opportunities. The main objectives of the camp, in addition to learning volleyball skills, are to emphasize sportsmanship, teamwork and good old-fashioned fun.

**Cost & Registration**

**Cost**
- Resident: $225
- Commuter: $190

Includes instruction, meals (commuter lunch and dinner provided), lodging, and a camp t-shirt.

**Non-Refundable Deposit**
A non-refundable deposit of $50.00 is included in the registration fee.

**Camp Check In**

Friday, June 10th from 3-5:30 p.m. at Building E on the SRU campus. The first session will start Friday at 6:30 p.m. at the Aebersold Student Recreation Center. The last session will end Sunday at 4:15 p.m. Please follow directional signs on campus to Building E.

**Commuters:** Daily sessions begin at 8:30 a.m. in the Aebersold Student Recreation Center. Sessions end between 9-9:30 p.m. Friday and Saturday.

**Register Now!**

---

**Staff**

**Camp Director: Laurie Lokash**

Coach Lokash is in her 32nd year as head coach at SRU. Her teams have won more than 600 matches and have made several appearances at the NCAA championships. Coach Lokash’s teams have always been recognized for their aggressive defensive play. She has coached numerous all-conference players.

**Sheron Watson**

Ms. Watson is recognized as one of the most successful coaches in Pennsylvania volleyball history. While coaching at Norwin High School, she led the Knights to 12 PIAA championships and 15 WPIAL championships. She is widely known for her ability to develop a level of competence in the execution of volleyball skills. Coach Watson has helped numerous players gain college volleyball scholarships after graduating from her program.

**Janet O’Dell**

Ms. O’Dell was a former coach at University of Pittsburgh at Greensburg and Hemphill High School. She is currently a certified USAV and PAVO volleyball official. She played her collegiate ball at Clarion University.

**Phil Pisano**

Mr. Pisano is currently the head men’s and women’s coach at Penn State Behrend College in Erie, Pennsylvania. He is a Slippery Rock University graduate who worked with the women’s program for five years. As an undergraduate, Coach Pisano also played as a setter on the nationally ranked men’s volleyball team.

**J.R. McFarland**

Mr. McFarland is the former head coach at Wilmington High School in New Wilmington, Pennsylvania. He was known for his ability to develop quality student-athletes in a small-school setting. A number of his players were selected for all-state honors and many have had the opportunity to play volleyball at the collegiate level.

**Erin Street**

Ms. Street is the head coach at Grove City College. She was the graduate assistant for Rock Volleyball prior to becoming the assistant coach. As an undergraduate, she was a setter at Wheeling Jesuit.

**Layna Erney**

Ms. Erney is a former All-Conference outside hitter for Slippery Rock Men’s Volleyball. She has been a member of the SRU camp staff in the past.

**Tammy Swearingen**

Ms. Swearingen is the head coach at Westminster College. She has been the head coach there for 22 seasons and her teams have won more than 300 matches during that period of time. She is a graduate of Youngstown St. University.

---

**Staff Cont.**

**Rae El Johnson**

Ms. Johnson is a teacher and coach at Kane High School. She played her undergraduate career as an OH/DS at the Rock.

**Mary Ann Stephenson**

Ms. Stephenson is currently a coach with Pitt Elite Volleyball Club. She is a former player at Norwin HS and Gannon University.

**Kaylee Smith**

Ms. Smith is currently the assistant coach at Slippery Rock University. She is former All-Conference outside hitter at the Rock. She played club volleyball for nationally renowned Munciana Volleyball Club where she also coached. She currently also coaches club volleyball for Pitt Elite Volleyball Club.

---

**Schedule**

**Friday**
- 3:30 p.m.
- 5:45 p.m.
- 6:30-9 p.m.
- Registration at Building E
- Dinner
- Introductions, testing and individual skills session at Aebersold Student Recreation Center

**Saturday**
- 7:45-11 a.m.
- 11:30-1:30 p.m.
- 1:45-4:45 p.m.
- 4:45-6:45 p.m.
- 6:30-9:30 p.m.
- Breakfast
- Individual skills session plus team play concepts
- Lunch
- Team drills
- Dinner
- Individual skills session plus team play concepts

**Sunday**
- 6:00-8:15 a.m.
- 8:30-11:30 a.m.
- 11:30 - 1:00 p.m.
- 1:30-4:15 p.m.
- Breakfast
- Training and tournament play
- Lunch
- Training and tournament play

**“All Slippery Rock University of Pennsylvania camp staff and volunteers have passed child abuse and criminal history background checks.”**