Camp Check In
Friday, August 5th from 11:00a.m. - 12:00p.m. at Building B on the SRU campus.

The first session will start Friday at 12:30p.m. The last session will be held Sunday, August 7th at 9:30a.m. - 11:30a.m.

Commuters: Daily sessions begin at 9:30 a.m. at the Mihalik Thompson Stadium. Sessions end between 9-9:30 p.m. Saturday. The last session ends at 11:30a.m. on Sunday.

Cost
Resident: $295
Commuter: $270

Includes instruction, meals (commuter lunch and dinner provided), lodging, and a reversible jersey.

Non-Refundable Deposit
A non-refundable deposit of $50.00 is included in the registration fee.

Click to Register Now!

From Pittsburgh Area:
Take I-79 North to Exit 105 (Slippery Rock Exit). At the exit, turn left onto Route 108 East (4 miles). Once in the village of Slippery Rock, turn right onto Route 173 South (Main St., first set of lights) and at the university turn left onto Morrow Way.

From Points North:
Take I-79 South to exit 113 (Grove City). Turn left onto Leesburg-Grove City Road and then take first right (at stop light) onto 258 South (Mercer Butler Pike). At the university turn left onto Morrow Way.

From Ohio & Points West:
Take I-80 West to Exit 29 (Barkeyville Exit). At the exit, turn left onto Route 8 South (8 miles). Turn right onto Route 108 West (2 miles). Once in the village of Slippery Rock, turn left onto Route 173 South (Main St., first set of lights) and at the university turn left onto Morrow Way.

From Points East (Turnpike):
Take the Turnpike West to Exit 28 (Cranberry Township). Upon exiting the turnpike, follow Route 19 North towards Zelienople. Stay right on Route 19 and look for signs directing you to I-79 North to Erie. From I-79 North (95 miles), take Exit 105 (Slippery Rock Exit). At the exit, turn left onto Route 108 East (4 miles). Once in the village of Slippery Rock, turn right onto Route 173 South (Main St., first set of lights) and at the university turn left onto Morrow Way.

From Butler Area:
Take Route 8 North to Route 173 North (Old Stone House located at the intersection of Route 8 & 173). Veer left onto Route 173 North. Follow Route 173 (3 miles), continue on Route 173, at the university turn right (After the Kiester Rd. intersection) onto Morrow Way.

Cost & Registration

Resident: $295
Commuter: $270
Includes instruction, meals (commuter lunch and dinner provided), lodging, and a reversible jersey.

Non-Refundable Deposit
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About the Camp

The Field Hockey Camp will be held August 5-7, 2016, under the direction of SRU Women’s Field Hockey Coach, Julie Swiney. In addition to Swiney, athletes will receive instruction from top college coaches, and collegiate players. The camp is intended for girls ages 10-18 and offers a solid program that combines instruction on both individual skills and team concepts. All sessions are played on field turf and will challenge beginners and advanced players.

Camp Philosophy

The Slippery Rock University coaching staff is committed to teaching individual skills and creating competitive game like drills. Each player will be provided the opportunity to learn and enhance the fundamentals of field hockey: hitting, 1v1 eliminations skills, passing, scoring and defensive skills. Most importantly we strive for a fun and safe learning environment.

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Information

Location/Facilities

All field hockey sessions will take place at Mihalik-Thompson Stadium on the field turf field.

Medical Information

SRU and the SRU Foundation Inc. do not provide medical insurance for campers. Athletes with special medical problems must notify the camp director; all medications must be registered. Athletes must supply their own tape except in the event of an emergency.

Housing

Guests will be housed in the residence suites. Each suite is air-conditioned and includes a mini refrigerator and a microwave oven. Each suite features a private bathroom including a shower for every two beds. Registration fees are based on double occupancy.

What To Bring

Only casual dress is necessary. Campers should bring an adequate supply of shorts, T-shirts, socks and toiletries for the camp. Also shin guards, mouth guard, stick, turf shoes, sneakers, sweats, swimsuit, towels, pillow and linens (single bed).

Commuter Information

Daily sessions begin at 9:15 Mihalik-Thompson Stadium and conclude at 9-9:30 pm.

Questions?

For more information contact Coach Julie Swiney or e-mail: Julie.swiney@sru.edu or contact the Office of Conference Services at 724.738.2027 or e-mail: conferenceservices@sru.edu

Schedule

Friday

11:00-12:00p.m. Registration - Building B
12:00-12:30p.m. All camp meeting
12:30-1:30p.m. Lunch
1:45-4:45p.m. Skills Session
5:30-6:30p.m. Dinner
6:45-9:30p.m. Tournament Play

Saturday

8:00-9:00 a.m. Breakfast
9:15-12:00 p.m. Skills Session
12:30-1:30p.m. Lunch
1:45-4:45p.m. Competition Session
5:30-6:30p.m. Dinner
6:45-9:30p.m. Tournament Play

Sunday

8:00-9:00 a.m. Breakfast
9:00-11:30 a.m. Tournament Play
12:00p.m. Check Out

Staff

Camp Director: Julie Swiney

Coach Swiney is in her 6th year as head coach at SRU. Her teams have made the conference playoffs 3 of her 5 years at SRU. She has helped transform the Rock Hockey field hockey program into a competitive member of the challenging Pennsylvania State Athletic Conference.

Phoebe Hopkins

Ms. Hopkins is in her 2 year as the assistant coach at the Rock. She graduated from Smith College and has played internationally in Australia and Ireland.

**All Slippery Rock University of Pennsylvania camp staff and volunteers have passed child abuse and criminal history background checks.**