About the Camp

The Girls’ Volleyball Team Camp will be held July 14-16, 2016 under the direction of SRU Women’s Volleyball coach, Laurie Lokash. The Slippery Rock University coaching staff is committed to training athletes by providing each player with the opportunity to learn and enhance the fundamental skills of volleyball. We attempt to teach the game by providing quality instruction in conjunction with competitive opportunities.

The main objectives of the camp, in addition to learning volleyball skills, are to emphasize sportsmanship, teamwork and good old-fashioned fun. It is recommended that teams send eight to 10 players per team (minimum of seven); if there are more than 12 players on a team it is recommended that the team be split into two teams.

One coach per TEAM (required) will attend the camp free of charge; any additional coaches may attend the camp for a fee of $92/coach. If two teams come from the same school, two coaches will attend the camp at no cost. Coaches are required to attend the entire camp in order to coach their teams during competitive play and assist during tactical training. A maximum of 16 teams (high school varsity, junior varsity or club) will be accepted.

Cost & Registration

Cost

Resident: $210 Commuter: $185

Includes instruction, meals (commuter lunch and dinner provided), lodging, and a camp t-shirt.

A team is defined as a minimum of seven players (preferably 8-10) from the same school or club who can staff all required positions. Recommending that no more than 12 players comprise a team but that is up to the coach.

Campers wishing to attend both the team camp and the individual camp will receive a $10 rebate check at the end of the camp.

Non-Refundable Deposit

A non-refundable deposit of $50.00 is included in the registration fee.

Camp Check In

Thursday, July 14th from 9 a.m.-12 p.m. at Building A on the SRU campus. The first session will start at 2 p.m. at the Aebersold Student Recreation Center. The last session will end Saturday at 11:30 a.m. Please follow directional signage to Building A.

Directions

From Pittsburgh Area:
Take I-79 North to Exit 105 (Slippery Rock Exit). At the exit, turn left onto Route 108 East (4 miles). Once in the village of Slippery Rock, turn right onto Route 173 South (Main St., first set of lights) and at the university turn left onto Morrow Way.

From Points North:
Take I-79 South to exit 113 (Grove City). Turn left onto Leesburg-Grove City Road and then take first right (at stop light) onto 258 South (Merriner Butler Pike). At the university turn left onto Morrow Way.

From Ohio & Points West:
Take I-80 West to Exit 29 (Barkeyville Exit). At the exit, turn left onto Route 8 South (8 miles). Turn right onto Route 108 West (2 miles). Once in the village of Slippery Rock, turn left onto Route 173 South (Main St., first set of lights) and at the university turn left onto Morrow Way.

From Points East (Turnpike):
Take the Turnpike West to Exit 28 (Cranberry Township). Upon exiting the turnpike, follow Route 19 North towards Zelienople. Stay right on Route 19 and look for signs directing you to I-79 North to Erie. From I-79 North (35 miles), take Exit 105 (Slippery Rock Exit). At the exit, turn left onto Route 108 East (4 miles). Once in the village of Slippery Rock, turn right onto Route 173 South (Main St., first set of lights) and at the university turn left onto Morrow Way.

From Butler Area:
Take Route 8 North to Route 173 North (Old Stone House located at the intersection of Routes 8 & 173). Veer left onto Route 173 North. Follow Route 173 (2 miles); continue on Route 173, at the university turn right (After the Kiester Rd. intersection) onto Morrow Way.

This is for High School TEAM Volleyball Camps. This is by invite ONLY. If your school is interested in registering your team, you will need to reach out to Coach Laurie Lokash at 724-738-2817 or laureen.lokash@sru.edu
Camp Director: Laurie Lokash
Coach Lokash is in her 32nd year as head coach at SRU. Her teams have won more than 600 matches and have made several appearances at the NCAA championships. Coach Lokash’s teams have always been recognized for their aggressive defensive play. She has coached numerous all-conference players.

Sheron Watson
Sheron is recognized as one of the most successful coaches in Pennsylvania volleyball history. While coaching at Norwich High School, she led the Knights to 12 PIAA championships and 15 WPIAL championships. She is widely known for her ability to develop a level of competence in the execution of volleyball skills. Coach Watson has helped numerous players gain college volleyball scholarships after graduating from her program.

Phil Pisano
Phil is currently the head men’s and women’s coach at Penn State Behrend College in Erie, Pennsylvania. He is a Slippery Rock University graduate who worked with the women’s program for 5 years. As an undergraduate, Coach Pisano also played as a setter on the nationally ranked men’s volleyball team.

Tammy Swearingen
Tammy is the head coach at Westminster College. She has been the head coach there for 22 seasons and her teams have won more than 500 matches during that period of time. She is a graduate of Youngstown State University.

J.R. McFarland
J.R. is the former head coach at Wilmington High School in New Wilmington, Pennsylvania. He was known for his ability to develop quality student-athletes in a small-school setting. A number of his players were selected for all-state honors and many have had the opportunity to play volleyball at the collegiate level.

Andrea Hoover
Andrea is the head women’s volleyball coach at Virginia Wesleyan College in Virginia Beach, VA. She formerly worked as a graduate assistant volleyball coach at Marietta College in Ohio, and as the head girl’s coach at Northern High School in Maryland. As an undergraduate, Coach Hoover played at Slippery Rock University.

Erin Street
Erin is the head volleyball coach at Grove City College. She also was the assistant coach and graduate assistant at SRU for 8 years previous to her stint at GCC. Erin is a former setter on the Wheeling Jesuit Volleyball team.

Kaylee Smith
Kaylee is a former Rock standout as an OH and the current Rock assistant coach. She formerly coached at West Virginia Wesleyan University. Kaylee is a current club coach with PITT Elite Volleyball and is a former coach and player at Munciana Volleyball Club.

Gerry Vensel
Gerry is the former head coach at Gannon University, and the current assistant at Penn State Behrend. While at Gannon, her teams advanced to the National Championships on numerous occasions. She played her undergraduate career at Edinboro University.

Rae El Johnson
Rae El is a teacher and coach at Kane High School. She played her undergraduate career as an OH/D at the Rock.

Janna Reilly
Janna is the current graduate assistant at SRU. She played her undergraduate career at SRU as a setter for the Rock volleyball team.

Alee Kromer
Alee is a teacher and coach in Fredericksburg, Va. She played her undergraduate career at SRU as a DS/L.

Heather Good
Heather is the current head coach and teacher at Punxsutawney High School. She played her undergraduate career at Grove City College as S/DS.

Information

Location/Facilities
The Aebersold Student Recreation Center, located on the campus of Slippery Rock University, with five air-conditioned wood courts is the site for this year’s camp.

Medical Information
SRU and the SRU Foundation Inc. do not provide medical insurance for campers. Athletes with special medical problems must notify the camp director; all medications must be registered. Athletes must supply their own tape except in the event of an emergency.

Housing
Guests will be housed in the residence suites. Each suite is air-conditioned and includes a mini refrigerator and a microwave oven. Each suite features a private bathroom including a shower for every two beds. Registration fees are based on double occupancy.

What to Bring
Only casual dress is necessary. Campers should bring an adequate supply of shorts, T-shirts, socks and toiletries for the camp. Also bring knee pads, court shoes, sweats, swimsuit, towels, pillow and linens (single bed).

Commuter Info
Daily sessions begin at Building A.

Questions?
For more information contact Coach Laurie Lokash at 724.738.2077 or e-mail: laureen.lokash@sruc.edu OR contact the Office of Conference Services at 724.738.2027 or e-mail: conferenceservices@sruc.edu