**GPA REQUIREMENT – Exercise Science**

- Overall GPA: 2.75 or higher
- Major GPA (includes Major Requirements and College Wide Requirements): 2.75 or higher

Refer to SRU’s Athletic Training Graduate Program website for GPA admission requirements.

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**Slippery Rock University of Pennsylvania – Curriculum Guide**

**Bachelor of Science in Exercise Science**

**Pre-Athletic Training (SRU Traditional) for advisement purposes only**

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**LIBERAL STUDIES REQUIREMENTS (46 credits)**

See Liberal Studies Guide for Goal and Enrichment choices

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**GOAL COURSE REQUIREMENTS**

Complete Goal requirements as indicated below (37 credits)

- **Basic Requirements (9 credits)**
  - ENGL 102: Critical Writing
  - ENGL 104 or ENGL 220: Critical Reading or Intro to Literary and Cultural Studies
  - COMM 200: Public Speaking

- **The Arts (3 credits)**

- **Global Community (6 credits)**
  - Goal – Non-US
  - Goal – US
  - Goal - US

- **Human Institutions/Interpersonal Relationships (3 credits)**
  - PSYC 105: Intro to Psychology

- **Science, Technology & Math (10 credits)**
  - PHYS 201: Elements of Physics I / Lab
  - BIOL 216: Anatomy & Physiology I/ Lab
  - STAT 152: Elementary Statistics I

- **Challenges of the Modern Age (3 credits)**
  - Goal

- **ENRICHMENT COURSE REQUIREMENTS (9 credits)**
  - Choose one course from three of the following Enrichment areas
    - The Arts Enrichment
    - Global Community
    - Human Institutions/Interpersonal Relationships

- **Science, Technology & Math (3 credits)**
  - BIOL 217: Anatomy & Physiology II/ Lab

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**OTHER BASIC REQUIREMENTS**

Check with your advisor or a current degree audit report to see if you have been exempted from this course. The credit earned in this course will not be counted toward the 120 credit hour minimum needed to earn a degree.

- ACSD 110: Beginning Algebra

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**COMPUTER COMPETENCY**

Students must demonstrate “computer competency” by:

- Passed Exam
- Pass Computer Competency Exam

**OR**

- CPSC ______
- Complete one of the following courses: CPSC 100, 110, 130 or PE 202 at SRU or another post-secondary institution

1 - 3

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**IMPORTANT CURRICULUM GUIDE NOTES**

This Curriculum Guide is provided to help SRU students and prospective students better understand their intended major curriculum. Enrolled SRU students should note that the My Rock Audit may place already-earned and/or in progress courses in different, yet valid, curriculum categories. Enrolled SRU students should use the My Rock Audit Report and materials and information provided by their faculty advisors to ensure accurate progress towards degree completion. The information on this guide is current as of the date below. Students are responsible for curriculum requirements at the time of enrollment at the University.

★ Course may have a prerequisite. See Undergraduate Online Catalog.

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**MAJOR REQUIREMENTS (46 credits)**

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Cr</th>
<th>Gr</th>
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<tbody>
<tr>
<td>ERS 100</td>
<td>Introduction to Exercise Science; Careers and Content</td>
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<tr>
<td>ERS 101</td>
<td>Applied Anatomy</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>ERS 200</td>
<td>Biomechanics</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>ERS 300</td>
<td>Research Methods in Exercise Science</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>ERS 301</td>
<td>Aerobic Exercise Leadership</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>ERS 302</td>
<td>Ex Lead: Resistance Training</td>
<td>3</td>
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</tr>
</tbody>
</table>

**Required Basic Courses (21 credits)**

- ERS 424 or HLTH 424: Nutrition and Exercise
- ERS 400: Wellness Coaching and Program Management
- ERS 401: Fitness Assessment
- ERS 402: Exercise Prescription
- ERS 403: Advanced Exercise Physiology
- ERS 410: Clinical Exercise Physiology
- ERS 411: ES: Special Populations and Conditions
- ERS 412: ES: Senior Synthesis

**Required Upper Level Courses (24 credits if accepted to SRU AT Program)**

Must have achieved “Sufficient Academic Performance” to take these courses. Must earn a “C” or better in all of the following ERS courses:

- ERS 403, ERS 404, ERS 402, ERS 401, ERS 400
- ERS 410, ERS 411, ERS 412
- ERS 412

**COLLEGE WIDE REQUIREMENTS (13 credits)**

- BIOL 216: Anatomy & Physiology I/ Lab
- BIOL 217: Anatomy & Physiology II/ Lab
- STAT 152: Elementary Statistics I
- PHYS 201: Elements of Physics I/ Lab

**ADDITIONAL ATHLETIC TRAINING PREREQUISITE COURSE (1-3 credits)**

(see page 2 for all Admission Requirements)

- ERS/HCAM 250 or PA 500: Medical Terminology
- Applied Med Term for PA’s

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Students may choose to earn a BS in Exercise Science as preparation for graduate studies in many health care related fields. In this case, the student should learn what prerequisites are required for his/her intended graduate program and take those courses as electives while completing the Exercise Science program.

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**Slippery Rock University of Pennsylvania**

**EXERCISE SCIENCE – BS PRE-AT (SRU Traditional)**

Effective Fall 2016

Enrollment Management

Revised 08-2017

CONTINUED ON PAGE 2
PREREQUISITE COURSES - SRU ATHLETIC TRAINING GRADUATE PROGRAM

<table>
<thead>
<tr>
<th>Course</th>
<th>Description</th>
<th>Credits</th>
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<tbody>
<tr>
<td>ERS 101</td>
<td>Applied Anatomy/Lab</td>
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</tr>
<tr>
<td>ERS 201</td>
<td>Exercise Physiology/Lab</td>
<td>3</td>
</tr>
<tr>
<td>ERS 202</td>
<td>Biomechanics</td>
<td>3</td>
</tr>
<tr>
<td>ERS/HLTH 424</td>
<td>Nutrition and Exercise</td>
<td>3</td>
</tr>
<tr>
<td>BIOL 216</td>
<td>Anatomy and Physiology I/Lab</td>
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<td>3 or</td>
</tr>
<tr>
<td>PA 500</td>
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</tbody>
</table>

FOR ALL ADMISSION REQUIREMENTS

Please refer to Slippery Rock University's Athletic Training Graduate Program (Master of Science in Athletic Training) website for requirements.

www.sru.edu/AT

Revised 2-23-2017 @ 8:34 AM
ACADEMIC POLICIES FOR STUDENTS IN THE EXERCISE SCIENCE MAJOR
Effective for students entering the major Fall 2012 and after

I. Policy for achieving and maintaining “Sufficient Academic Performance”*
   A. At the end of the semester in which a student has earned 40 credits (and every semester thereafter), the
      Major and Overall GPA will be reviewed:
      i. A student must earn a 2.75 Major and Overall GPA to achieve “Sufficient Academic
         Performance” and continue in the Exercise Science major.
      ii. A student earning below a 2.75 in either the Major or Overall GPA at any time after earning 40
         credits will be placed on a “one semester probation.” ** He/she must increase his/her GPA to
         2.75 or higher by the end of the “one semester probation” or be PERMANENTLY removed from
         the Exercise Science major. The student will be notified by email of his/her status following the
         “one semester probation.” A student who has not achieved “Sufficient Academic Performance”
         will have his/her major changed to Exploratory and ERS - Exercise Science Major courses will be
         removed from his/her schedule.
      iii. A student can be placed on a “one semester probation” a maximum of two times as an Exercise
         Science major. He/she will be PERMANENTLY removed from the Exercise Science major if
         his/her Major or Overall GPA drops below a 2.75 a third time.
      iv. A student on a “one semester probation” may not enroll in Required 400 Level Courses unless
         he/she is repeating the course(s).
   B. A transfer student who enters from another university or a Slippery Rock University student who changes
      his/her major to Exercise Science:
      i. With 40 or more earned credits will have a one-semester extension before his/her Major and
         Overall GPA are reviewed to determine if he/she has achieved “Sufficient Academic
         Performance”.
      ii. With less than 40 earned credits will follow Policy I.A above.
   C. An incoming FYRST student earning college credits prior to entering SRU may reach 40 credits before
      completing two semesters at SRU. In this case, the review to determine “Sufficient Academic
      Performance” will not begin until the student has completed two semesters as a student in the Exercise
      Science major.

II. Policy for earning acceptable grades in Required 400 Level Courses
   A. A student must earn a grade of “C” or better in Required 400 Level Courses.
   B. A student will not be permitted to begin an internship unless he/she has “Sufficient Academic
      Performance” and he/she has earned a grade of “C” or better in Required 400 Level Courses.
   C. A student must also earn a grade of “C” or better in ERS400, ERS401, ERS402, and ERS403 before
      he/she is allowed to take ERS410, ERS411, and ERS412.

III. Policy for changing to the Exercise Science major
   A. A Slippery Rock University student wishing to change his/her major to Exercise Science MUST have an
      overall GPA of 2.75.

IV. Additional costs associated with the Exercise Science major
   A. A student in the Exercise Science major is required to maintain current CPR/AED, First Aid, and Student
      Professional Liability Insurance while enrolled in ERS412 and ERS450 at his/her own cost. (On-line
      CPR/AED and First Aid certifications are not acceptable).

* “Sufficient Academic Performance” is defined as having a Major and Overall GPA of 2.75 or higher. The Major GPA
  is comprised of Required Basic Courses, Required 400 Level Courses and Exercise and Rehabilitative Science College
  Wide Requirements. Please see My Rock Audit for specific courses.

** “One semester probation” is defined as the initial semester after which “Sufficient Academic Performance” was not
  achieved and the first occurring summer.

Updated June 2015