**LIBERAL STUDIES REQUIREMENTS (40 credits)**
See Liberal Studies Guide for Goal and Enrichment choices

**GOAL COURSE REQUIREMENTS** Complete Goal requirements as indicated below (34 credits)

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Cr</th>
<th>Gr</th>
</tr>
</thead>
<tbody>
<tr>
<td>ENGL 102</td>
<td>Critical Writing</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>ENGL 104 or ENGL 220</td>
<td>Critical Reading * or Intro to Literary and Cultural Studies *</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>COMM 200</td>
<td>Public Speaking *</td>
<td>3</td>
<td></td>
</tr>
</tbody>
</table>

The Arts (3 credits)
- Goal

Global Community (9 credits)
- Goal - Non-US
- Goal - Non-US
- Goal - US

Human Institutions/Interpersonal Relationships (0 credits)
- Goal

Science, Technology & Math (9-10 credits)
- Goal – Sci
- Goal – Sci
- Lab – Sci
- STAT 152 | Elementary Statistics * | 3  |    |

Challenges of the Modern Age (3 credits)
- Goal

ENRICHMENT COURSE REQUIREMENTS (6 credits)

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Cr</th>
<th>Gr</th>
</tr>
</thead>
<tbody>
<tr>
<td>PE 191</td>
<td>Foundations of Wellness</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>PE 227</td>
<td>Intro to Adapted Physical Activity</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>PE 243</td>
<td>Educational Movement in Health &amp; Wellness</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>PE 268</td>
<td>Contemporary Topics in Health</td>
<td>3</td>
<td></td>
</tr>
</tbody>
</table>

**OTHER BASIC REQUIREMENTS**
Check with your advisor or a current degree audit report to see if you have been exempted from this course. The credit earned in this course will not be counted toward the 120 credit hour minimum needed to earn a degree.

- ACSD 110 | Beginning Algebra                      | 3  |    |

**COMPUTER COMPETENCY** (for students entering Fall 2008 and after)

Students must demonstrate “computer competency” by:

- Passed Exam
  - Pass Computer Competency Exam

OR

- CPSC ___ Complete one of the following courses: CPSC 100, 110, 130, or PE 202 at SRU or another post-secondary institution 1 - 3

Six (6) Credits of Math (113 or higher) Required Prior to Admission to Teacher Candidacy: Math Requirement for BS in Education
- MATH 152
- MATH 113, 115, 118, 122, 123, 125, 131, 210, 225

**IMPORTANT CURRICULUM GUIDE NOTES**

This Curriculum Guide is provided to help SRU students and prospective students better understand their intended major curriculum. Enrolled SRU students should note that the My Rock Audit may place already earned and/or in progress courses in different, yet valid, curriculum categories. Enrolled SRU students should use the My Rock Audit Report and materials and information provided by their faculty advisors to ensure accurate progress towards degree completion. The information on this guide is current as of the date below. Students are responsible for curriculum requirements at the time of enrollment at the University.

* Course may have a prerequisite. See Undergraduate Online Catalog.
- Course counts for 50% of Major, but not for Major GPA
+ Course must be taken in sequence within block and a C- or better is required. Course required for Acceptance into Teacher Candidacy.

**MAJOR/CONCENTRATION REQUIREMENTS (81 credits)**

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Cr</th>
<th>Gr</th>
</tr>
</thead>
</table>
| PILLAR #1 – Teaching Excellence (15 credits)
- PE 152~ | Principles of School Wellness I            | 3  |    |
- PE 253~ | Principles of School Wellness II           | 3  |    |
- PE 452~ | Elementary Strategies for School Wellness  | 3  |    |
- PE 462~ | Secondary Strategies for School Wellness  | 6  |    |

PILLAR #2 – Physical Health & Wellness (21 credits)
- PE 107~ | Aquatic Fundamentals *                    | 3  |    |
- PE 241~ | Outdoor Pursuits                          | 3  |    |
- PE 310~ | Elementary School Wellness Skills &       | 3  |    |
- PE 311~ | Middle School Wellness Skills &            | 3  |    |
- PE 328~ | School Nutrition & Wellness+              | 3  |    |
- PE 380~ | Motor Development & Learning+             | 3  |    |

PILLAR #3 – Social & Emotional Health & Wellness (12 credits)
- PE 258~ | Social and Emotional Wellness             | 3  |    |
- PE 360~ | Anatomical and Physiological Bases of     | 3  |    |
- SEFE 326~ | ELL Strategies and Practices              | 3  |    |
- SEFE 342~ | Educational Psychology for Diverse        | 3  |    |
- Learners |

PILLAR #4 – School to Community Health & Wellness (12 credits)
- PE 191~ | Foundations of Wellness                   | 3  |    |
- PE 227~ | Intro to Adapted Physical Activity        | 3  |    |
- PE 243~ | Educational Movement in Health & Wellness | 3  |    |
- PE 268~ | Contemporary Topics in Health             | 3  |    |

PILLAR #5 – Professional Advocacy & Leadership in Health & Wellness (21 credits)
- PE 202~ | Technology for Wellness                   | 3  |    |
- PE 472~ | School Wellness Assessment and Promotion+ | 3  |    |
- PE 473~ | Professionalism, Advocacy & Leadership    | 3  |    |
- PE 455~ | Student Teaching +                        | 12 |    |

FIRST AID COMPETENCY

CPR and First Aid & Safety Certifications or SAFE 205

RECOMMENDED ELECTIVES

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Cr</th>
</tr>
</thead>
<tbody>
<tr>
<td>PE 115</td>
<td>Foundations of Yoga</td>
<td>2</td>
</tr>
<tr>
<td>PE 334</td>
<td>Applied Methods in Adventure</td>
<td>3</td>
</tr>
<tr>
<td>PE 338</td>
<td>Teaching &amp; Lead Group Exercise</td>
<td>3</td>
</tr>
<tr>
<td>PE 378</td>
<td>Teaching &amp; Lead Str/Res/Training</td>
<td>3</td>
</tr>
<tr>
<td>PE 446</td>
<td>Water Safety Instruction</td>
<td>3</td>
</tr>
<tr>
<td>DANC 105</td>
<td>Dance Fundamentals</td>
<td>2</td>
</tr>
<tr>
<td>DANC 223</td>
<td>Creative Dance for Children</td>
<td>2</td>
</tr>
<tr>
<td>HLTH 374</td>
<td>Nutrition &amp; Health</td>
<td>3</td>
</tr>
<tr>
<td>HLTH 316</td>
<td>Human Sexuality</td>
<td>3</td>
</tr>
</tbody>
</table>

**GPA REQUIREMENT**

GPA must be 2.8 or higher for Teacher Candidacy.

A 3.0 GPA and passing subject area assessment (PECT) OR a 2.8 GPA and a qualifying passing subject area assessment (PECT) score (as determined by PDE) is required for certification.
IMPORTANT INFORMATION

Prerequisites for Admission to Teacher Candidacy

Basic courses (3 courses) required (ENGL199 AND ENGL025 are transfer courses only). Grades below a “C” are not admissible.

- PE 152
- ENGL 102
- ENGL 104 or ENGL 199 or ENGL 025 or ENGL 220

Six (6) Credits of Math
Required Prior to Admission to Teacher Candidacy

Math Requirement for BSED

- STAT 152
- MATH 113, 115, 122, 123, 125, 131, 153, 210, 225, 230, 235, 310, STAT 252