Slippery Rock University’s Master of Science Degree program in Adapted Physical Activity is designed specifically for professionals who desire to expand their professional credentials and apply those to health promotion and wellness programs for persons with disabilities of all ages. The health status of persons with disabilities is a critical and emerging need in the human service profession and is a field of employment estimated to grow faster than most other fields by 30% over the next 10 years.

Slippery Rock University’s Adapted Physical Activity program welcomes students from multidisciplinary backgrounds of study. These backgrounds include anyone with an undergraduate degree in physical education, exercise science, recreation therapy, special education, athletic training or other related fields. Students are expected to enter the program with a basic knowledge of physical activity and, at minimum, an introductory disability course or previous experience in the field.

Roles to be assumed by graduates include Adapted Physical Education Specialists in school districts, advanced recreation therapy positions in fitness centers, and corporate fitness facilities working with individuals with disabilities, and in community-based agencies focusing upon the health promotion and physical activity for persons with disabilities across the state and the country.

The Masters of Science degree in Adapted Physical Activity offers:
- A 30-credit hour program that can be completed in 12 months
- The largest full-time cohort in this discipline
- A non-thesis program which includes a research project and culminates in a required six-credit hour internship experience
- Hands-on internship opportunities

The graduate program in Adapted Physical Activity is structured to address public policy and health promotion initiatives as described by legislators and health care personnel at the federal and the state levels. The curriculum is issue oriented and prepares its graduates for professional, advocacy, and leadership (PAL) roles in the community and across the state.

The curriculum is structured such that admitted students will enter each fall or spring term and progress through 30-credit hours as a full-time cohort.

- PE 662: Disability Sport in the 21st Century: A Global Perspective
- PE 673: Advanced Study of Disability in Physical Activity
- PE 678: Lifespan Physical Activity and Disability
- PE 685: Fundraising/Grant Writing in Adapted Physical Activity
- PE 694: Health Promotion for Persons with Disabilities
- PE 698: Special Topics in Adapted Physical Activity
- PE 740: Application of Research for Practicing APA Specialists
- PE 745: Leadership Training in Adapted Physical Activity
- PE 750: Internship
ADMISSION REQUIREMENTS

All applicants must submit the following materials along with the completed online graduate application and non-refundable application fee:

1. An official transcript sent directly from the institution that conferred the applicant’s undergraduate degree as well as official transcripts from any other undergraduate or graduate coursework completed.
2. Two written letters of recommendation, at least one from an undergraduate professor.
3. A 750 word personal essay describing how this degree will help the applicants reach their career goals.

Unconditional admission may be offered to applicants who submit acceptable credentials as listed above, and who have earned an undergraduate QPA of 2.75 or higher (based on a 4.0 scale) Applicants who do not meet all of the above criteria may be offered conditional admission upon recommendation of the graduate coordinator and approval by the dean of the appropriate college. Applicants should have their final official transcripts forwarded directly to the Office of Graduate Admissions.

INTERNSHIP EXPERIENCES

Master of Science in Adapted Physical Activity requires extensive practical experiences for its students to work one-on-one and in small groups directly with individuals with disabilities. For many, the highlight of the program is the internship experience. APA interns have worked with Paralympic athletes at both the Lakeshore Foundation in Alabama and the Paralympics Olympic site in Colorado. Other internship settings include camps and outdoor wilderness programs, public schools, fitness centers, recreation facilities, rehabilitation hospitals, the SRU equestrian center, pools and sport training facilities.

TUITION & ASSISTANTSHIPS

Information on current tuition and assistantships can be found on the main Graduate Admissions website at www.sru.edu/graduate. Financial Aid brochures are available through the Financial Aid Office www.sru.edu/FinAid or the Office of Graduate Admissions.

*The educational policies and procedures are continually being reviewed and changed in keeping with the mission of the university. Consequently, this document cannot be considered binding and it is intended to be used as only an informational guide. Students are responsible for being informed of official policies and regulations for meeting all appropriate requirements.