COUNSELING AND DEVELOPMENT

CLINICAL MENTAL HEALTH COUNSELING (CMHC)
MASTER OF ARTS
COLLEGE OF EDUCATION

www.sru.edu/CDEV


ABOUT THE PROGRAM

Students in the Department of Counseling and Development earn a Master of Arts degree in one of our three high-quality, hands-on programs leading to professional positions as counselors and student affairs practitioners. They benefit from engaging professors, small classes, and a partnership with the Slippery Rock University Counseling Center that serves as a laboratory for learning. All programs are CACREP accredited.

Each of the degree programs share a common core of course-work in basic knowledge, including an introductory course for their degree program. Each specialty program offers a selection of coursework and field experience.

In addition to our three degree programs, the Department of Counseling and Development offers Post-Master’s Endorsements for individuals who have already graduated with a master’s degree in a related field and who wish to complete coursework in one or more of our degree programs without completing another degree.

PROGRAM HIGHLIGHTS

Want a life changing experience that will help you change the lives of others? The Master of Arts degree in Clinical Mental Health Counseling is designed to prepare students for work in community mental health agencies, residential treatment facilities, elementary and secondary schools, and hospitals and offers:

- Small class sizes which allow faculty to work intensively with students.
- Faculty who are engaging, student centered, and highly committed to teaching.
- A 60 credit-hour cohort program
- A program that is accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP)
- A modern counselor training facility that utilizes the latest technology.
- Graduates are eligible for the National Certified Counselor credential (NCC), and are license-eligible in Pennsylvania as a professional counselor (LPC), and depending on concentration area can be eligible for certification as a Professional School Counselor in Pennsylvania.

ADMISSIONS REQUIREMENTS

Applicants must submit the following materials along with a completed online graduate application and non-refundable application fee:

1. A minimum undergraduate grade point average of 3.0 to be considered for unconditional admission. Applicants for the Clinical Mental Health Counseling degree must have completed at least three courses in psychology or a related discipline. Students with a grade point average below 3.0 must submit official Graduate Record Examination (GRE) or Miller Analogies Test (MAT) scores forwarded to the Graduate Admissions office (address below). SRU’s GRE code is 2658, and MAT code is 1660.

2. A written statement indicating their interest in the program, experience, and career goals (please see prompt on application).

3. Two academic recommendation forms from a former or current college or university faculty member with knowledge of the applicant’s academic aptitude, suitability for intended program area, and ability to form interpersonal relationships. Recommendations must be on appropriate forms, which are available electronically at www.sru.edu/graduate, under “Forms.”

Selected applicants will be invited for an interview. The deadline for applications and credentials for the fall semester is January 15. If seats are still available, the second deadline for materials is April 15.
The Master of Arts in Clinical Mental Health Counseling is a 60 credit-hour program, accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP) and leads to eligibility for Pennsylvania licensure as a Professional Counselor (LPC). Graduates are qualified for employment in a variety of settings including hospitals, residential treatment facilities, and community mental health agencies. There are several different concentrations in this program including: addiction, adult, older adult, and school/youth counseling. Students who choose the school/youth concentration are eligible for certification as a Professional School Counselor in Pennsylvania.

**Core I - Basic Knowledge (15 credit hours):**
- CDEV 610: Lifespan Development
- CDEV 614: Helping Relationships
- CDEV 615: Introduction to Counseling
- CDEV 621: Social and Cultural Diversity
- CDEV 699: Introduction to Research

**Core II – Advanced Professional Knowledge (17 credit hours):**
- CDEV 603: Career Development and Counseling
- CDEV 607: Models of Adaptive Behavior
- CDEV 612: Group Counseling
- CDEV 628: Ethics in Counseling
- CDEV 670: Counseling Theory
- CDEV 680: Assessment in Counseling

**Core III – Specialized Coursework and Pre-Practicum Experience:**

### Addiction Counseling (7 credit hours):
- CDEV 626: Foundations of Addiction
- CDEV 627: Practicum in Group Leadership
- CDEV 636: Counseling the Addict

### Adult Counseling (7 credit hours):
- CDEV 617: Counseling the Adult
- CDEV 619: Foundations of Adulthood
- CDEV 627: Practicum in Group Leadership

### Counseling Older Adults (7 credit hours):
- CDEV 624: Foundations of Aging
- CDEV 627: Practicum in Group Leadership
- CDEV 634: Counseling the Aging

### School & Youth Counseling (7 credit hours):
- CDEV 618: Foundations of Youth
- CDEV 627: Practicum in Group Leadership
- CDEV 685: Youth Counseling
- CDEV 688: Counseling in the Schools

**Core IV – Elective Coursework (9 credit hours):**
Electives (Three courses as recommended by advisor for specialty): Any 600, 700, or 800 level course

**Core V - Field Experience (12 credit hours):**
- CDEV 701: Clinical Mental Health Counseling Practicum
- CDEV 751: Internship in Clinical Mental Health Counseling
- CDEV 703: Practicum in Counselor Supervision
- CDEV 750: School Based Counseling Internship

**Program Options**

- There are two options for pursuing a Master's Degree in Clinical Mental Health Counseling:
  1. Traditional three graduate years
  2. 3+3 program
     - SRU psychology undergraduates only
     - 3 undergraduate years + 3 graduate years

**Tuition and Assistantships**

Information on current tuition and assistantships can be found on the main Graduate Admissions website at www.sru.edu/graduate. Financial Aid brochures are available through the Financial Aid Office www.sru.edu/FinAid or the Office of Graduate Admissions.

Applicants invited to interview for admission to Counseling and Development (CDEV) programs will have the opportunity to apply and interview for a variety of graduate assistantship positions (located both at Slippery Rock and a number of neighboring colleges) as part of the CDEV admissions interview process.