MASTER OF SCIENCE IN ATHLETIC TRAINING AT SRU

The athletic training program at SRU will enroll its first cohort starting summer 2019 and offers a combination of rigorous academic instruction and authentic clinical experience. The AT program will prepare students to become proficient health care practitioners who will collaborate with other medical professionals to optimize the activity and wellness of patients and clients in sport, work and life. Students will learn the science of AT with a focus on patient-centered injury and illness prevention, diagnosis, treatment, rehabilitation, return to activity and exercise as medicine. After successful completion of the graduate program, students are eligible to take the Board of Certification exam. Graduates who pass the BOC will be qualified to work in various settings such as high schools, colleges, professional sports, industrial and military.

For more information about the SRU AT program and its requirements, please visit www.sru.edu/AT.

EXERCISE SCIENCE: PRE-ATHLETIC TRAINING

The SRU exercise science major is an excellent choice for students preparing for graduate studies and a career in athletic training. Almost all of the pre-requisite courses required for application to the AT graduate program are already offered in the exercise science program. Exercise science at SRU is recognized as one of the best accredited undergraduate programs in the country. The program provides a strong science base, including anatomy, exercise physiology and biomechanics, which allows students to apply this knowledge while working with real people using exercise as medicine. Students develop expertise using the newest technologies and hands-on learning experiences under the careful supervision of student-centered faculty.

Traditional Exercise Science Pre-Athletic Training

Students who select this track would complete the requirements for exercise science while also completing pre-requisite coursework for the SRU AT program. Students choosing this option will apply to the AT program during their senior year at SRU.

Accelerated Exercise Science 3+2 Pre-Athletic Training

The accelerated option is for first-year students only and allows students to earn their bachelor’s degree in exercise science and Master of Science in Athletic Training degree in five years rather than six. During the first three years, students complete their undergraduate major courses and pre-requisites for the SRU AT program. During students’ third undergraduate year is when they would apply for admission into the SRU AT program. If accepted into the AT program, students’ completion of their first year meets the remaining requirements for their exercise science degree. If students are not accepted into SRU’s AT program, they would continue to complete their undergraduate degree and can reapply to the program their senior year.

Students should access SRU’s majors webpage to learn more about the exercise science: pre-athletic training track at www.sru.edu/majors.
SRU PROVIDES AN OUTSTANDING PREPARATION FOR ATHLETIC TRAINING

- Earn a bachelor’s degree with any major in a specific discipline
- Excellent reputation in sciences and health sciences
- Faculty who get to know and interact with their students
- Classes taught by faculty only
- Advisers who partner with students to plan for graduate studies and careers
- Practical, hands-on education
- Modern classrooms and laboratories

REQUIRED UNDERGRADUATE PRE-REQUISITE COURSES

- Basic or Human Anatomy
- Anatomy and Physiology I & II / Labs
- Kinesiology or Biomechanics
- Physics I / Lab
- Chemistry I
- Nutrition
- Statistics
- Psychology
- Medical Terminology

HIGH SCHOOL PREPARATION

Students in high school can prepare by taking high school coursework in biology, anatomy and physiology, psychology, statistics, chemistry and physics. While you are highly encouraged to take advanced placement courses in these areas to enhance learning opportunities, you will still have to take these courses as an undergraduate at SRU.

FOR MORE INFORMATION:
www.sru.edu/majors

ADMISSIONS OFFICE:
North Hall Welcome Center
asktherock@sru.edu
724.738.2015