SRU has an excellent Athletic Training (AT) Graduate Program

At SRU, you can earn your Master of Science (MS) degree in Athletic Training. This program provides a unique curriculum, practical hands-on experience, rich clinical placements, and interprofessional education opportunities. To learn more about the SRU AT graduate program, visit www.sru.edu/AT.

SRU provides outstanding undergraduate preparation for the AT Graduate Program

- Earn a bachelor’s degree with any major in a specific discipline
- Excellent reputation in sciences and health sciences
- Faculty who get to know and interact with their students
- Classes taught by faculty ONLY
- Advisors who partner with students to plan for graduate studies and careers
- Practical, hands-on education
- Modern classrooms and laboratories

Before you begin SRU’s AT Graduate Program, you must complete the pre-requisite courses including:

- Basic or Human Anatomy
- Anatomy and Physiology I & II / Labs
- Kinesiology or Biomechanics
- Physics I / Lab
- Nutrition
- Statistics
- Psychology
- Medical Terminology

SRU has options for Pre-AT

At SRU, we have strong undergraduate majors that will provide you with excellent preparation for the SRU AT graduate program. You can select any undergraduate major that matches your interests. SRU offers both traditional and accelerated options:

Traditional
Complete the requirements for your chosen major and the pre-requisites for the SRU AT graduate program and apply to the SRU AT graduate program in your senior year.

Accelerated 3+2
Earn a Master of Science degree in Athletic Training at SRU in five years rather than six. In the first three years, you complete your undergraduate major courses and pre-requisites for the SRU AT graduate program. During your third undergraduate year, you apply for admission into the SRU AT graduate program. If accepted, your first year in the SRU AT graduate program meets the remaining requirements for your undergraduate degree. If not accepted, you continue to complete your undergraduate degree and can reapply to the program.

The SRU Exercise Science major is the only program approved for the Pre-AT 3+2 option.

For more information on the Exercise Science major, see the reverse side.
Exercise Science: Pre-Athletic Training

The SRU Exercise Science major is an excellent choice for an undergraduate program if you are preparing for graduate studies and a career as an athletic trainer. Almost all of the pre-requisite courses required for application to the AT graduate program are already offered in the SRU Exercise Science major.

The SRU Exercise Science major is recognized as one of the best accredited undergraduate programs in the country. This major provides a strong science base including anatomy, exercise physiology, and biomechanics, which then allows students to apply this knowledge while working with “real” people using exercise as medicine. Students develop expertise in utilizing the newest technologies and hands-on learning experiences under the careful supervision of a student-centered faculty. The SRU Exercise Science Program is accredited by the Commission on Accreditation of Allied Health Programs (CAAHEP), (http://www.caahep.org/).

How many SRU students get accepted to the AT Graduate Program?

The SRU AT graduate program will not limit the number of highly qualified applicants it will accept from SRU undergraduate programs in each class.

The AT Graduate Program

The AT graduate program will prepare you with the knowledge and skills to meet the athletic training education competencies. You will learn evidence-based principles to provide patient-centered care. You will also develop communication, decision-making, analytical, and professional skills necessary for proficient practice with a diverse population. You will need to possess knowledge in anatomy, physiology, wellness, biomechanics, emergency care, nutrition, and medical terminology before beginning the program.

Students successfully completing the SRU AT graduate program will be eligible for the Board of Certification (BOC), Inc. national examination. Graduates who pass the BOC examination will be qualified to deliver quality healthcare in various employment settings (e.g. high schools, colleges, professional sports, industrial, military and performing arts), and will contribute to the global medical community by reducing healthcare costs, improving healthcare accessibility, preventing and managing diseases, and promoting wellness.

What can I do in high school to prepare?

You could take courses in biology, anatomy and physiology, psychology, statistics, and physics. While you are highly encouraged to take advanced placement courses in these areas to enhance learning opportunities, you will have to take these courses as an undergraduate at SRU.

For more information:

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