### Health and Physical Education (B.S.Ed.)

#### Concentration in School Wellness Education

Recommended Four-Year Plan - Slippery Rock University

<table>
<thead>
<tr>
<th>Semester 1</th>
<th>Credits</th>
<th>Semester 2</th>
<th>Credits</th>
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</thead>
<tbody>
<tr>
<td>PE 107: Aquatic Fundamentals (F)</td>
<td>3</td>
<td>PE 152: Principles of School Wellness I (S)</td>
<td>3</td>
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<tr>
<td>PE 191: Foundations of School Wellness (F)</td>
<td>3</td>
<td>PE 227: Introduction to Adapted Physical Activity</td>
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<tr>
<td>ENGL 102: Critical Writing</td>
<td>3</td>
<td>ENGL 104: Critical Reading or ENGL 220: Introduction to Literature &amp; Culture</td>
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<tr>
<td>CDEV 248: Human Development &amp; Education</td>
<td>3</td>
<td>Liberal Studies (Math)</td>
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<td>INDS 101: FYRST Seminar</td>
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<td><strong>16</strong></td>
<td><strong>Total credits:</strong></td>
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<th>Semester 3</th>
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<tbody>
<tr>
<td>PE 202: Technology for Wellness (F)</td>
<td>3</td>
<td>PE 243: Educational Movement in Health/Wellness</td>
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<tr>
<td>PE 383: Motor Development &amp; Learning (F)</td>
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<td>PE 258: Social, Emotional &amp; Cognitive Wellness (S)</td>
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<tr>
<td>SEFE 326: ELL Strategies and Practices</td>
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<td>SEFE 342: Educational Psychology for Diverse Learn.</td>
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<td>PE 268: Contemporary Topics in Health (F)</td>
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<td>PE 360: Anatomy &amp; Physiology of Physical Activity</td>
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<td>Liberal Studies</td>
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<td>Liberal Studies (STAT 152: Elementary Statistics)</td>
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<td><strong>15/18</strong></td>
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<tr>
<th>Semester 5 – Teacher Candidacy</th>
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<th>Semester 6</th>
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<tr>
<td>PE 310: Elementary School Skills &amp; Fitness Activity (F)</td>
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<td>PE 311: Middle School Skills &amp; Fitness Activity (S)</td>
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<td>PE 328: School Nutrition &amp; Wellness (F)</td>
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<td>PE 312: Secondary School Skills &amp; Fitness Activity (S)</td>
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<td>PE 253: Principles of School Wellness II (F)</td>
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<td>PE 452: Elementary School Wellness Strategies (S)</td>
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<td>PE 241: Outdoor Pursuits</td>
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<td><strong>15/18</strong></td>
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<tr>
<th>Semester 7</th>
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<th>Semester 8</th>
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<tr>
<td>PE 462: Secondary School Wellness Strategies (F)</td>
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<td>PE 455: Student Teaching</td>
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<td>PE 472: School Wellness Assessment &amp; Promotion (F)</td>
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<td>PE 473: Profess., Advocacy Leadership In PA</td>
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<td><strong>Total credits:</strong></td>
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**Total Program Credits: 118-136**

- **Bold type courses** indicate a course which requires a grade of C or better.
- (F) indicates Fall course only.
- (S) indicates Spring course only.

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**Slippery Rock University of Pennsylvania**

**Major Code:** 1158

**Concentration Code:** SWED

**Revised date:** 1/2019