

Questions or Concerns:

Slippery Rock University Women's Center 249 RMS Student Center (724) 738-2992 womenscenter@sru.edu VOICe County Victim Services Hotline: 1-800-400-8551

What is Stalking?

A course of conduct directed at a specific person that would cause a reasonable person to fear for her, his or others safety, or to suffer substantial emotional distress. (VAWA SaVE Act 2013)

Red Flags for Stalking:

- •Shows up at victim's home or place of work unannounced or uninvited.
- •Sends unwanted text messages, letters, emails and voicemails.
- •Leaves unwanted items, gifts or flowers.
- Constantly calls victim and hangs up.
- •Uses social networking sites and technology to track victim.
- •Spreads rumors about victim via the internet or word of mouth.
- •Makes unwanted phone calls to victim.
- Calls victim's employer or professor.
- •Damages victim's home, car or other property.

 (Adapted from www.loveisrespect.org, National Dating Abuse Helpline)

What to Do If You Are Being Stalked:

- 1. Trust your instincts. Victims of stalking often feel pressured by friends or family to downplay the stalker's behavior, but stalking poses a real threat of harm. Your safety is paramount.
- 2. Call the police if you feel you are in any immediate danger. Explain why even some actions that seem harmless—like leaving you a gift—are causing you fear.
- 3. Keep a record or log of each contact with the stalker. Be sure to also document any police reports

4. Stalkers often use technology to contact their victims. Save all e-mails, text messages, photos, and postings on social networking sites as evidence of the stalking behavior.

(Adapted from The National Center for Victims of Crime)

Offices available on campus:

University Police: (724) 738-3333 Counseling Center: (724) 738-2034 Student Conduct: (724) 738-4985 Women's Center: (724) 738-2992