### **Success Coaching**





## Reading Strategy: SQ4R

Keep up on reading prior to each class in order to be prepared for the class session. Using the SQ4R reading method can help you identify early what questions you have about the content so that you can ask in class, in office hours, or in a tutoring session.



#### Survey

Survey the chapter or article by looking at titles, headings, captions, introductions, and summaries for key information.



#### Question

Ask questions about the information you've surveyed. Write out questions in your notes about what you expect to learn. For the topic, create who, what, when, where, why, how questions.



#### Read

Read the chapter or article. Pause as you go through each section to think about what you are reading and answer the questions that you previously outlined.

\*\*Tip: it is helpful for going through the SQ4R process for each chapter individually, so that you don't take in too much information before doing the "recite" step.



#### Recite

After reading the chapter or article, take notes or say aloud what you learned. Answer the questions you previously outlined. Use your own words and summarize the key points.



#### Relate

Link the new information you read with the previous information you already know. How does this new information relate? Think about how this new information connects to what you have learned in class.



#### Review

Review your notes from your reading immediately, as well as periodically before and after class, and when studying. Try various options, such as self-quizzing, creating your own study guide, studying in a group, or going to tutoring.

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# Reading Strategy: SQ4R

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Answer the following questions before reading the text:
What is the topic of the text?
What is the title of the text?
Notice any subtitles, headings, or chapters. How is the text organized?
Describe a picture or graphic included in the text.
Question
Before you start reading, write three questions you have about the text.  1
2.
3
Read
Look for the answers to your three questions as you actively read the text. Re-read
any sections that are unclear.
Recite
Take notes, say aloud or tell a friend about what you read.
Write a short summary of the text in your own words.
Relate
Next answer the following questions:
How does what you read relate to concepts you already know? Why?
How does the reading relate to your lecture notes? Where are discrepancies?
Review
Review the key concepts of your reading by summarizing in your own words and
connecting to what you're learning in class. Capture the key points and follow up
questions.
1.