

#### CAREER RESPONSIBILITIES

Exercise science is the study of movement and the associated functional responses and adaptations. The Slippery Rock University program is designed to prepare students to serve as physical fitness/exercise specialists in a variety of physical fitness and health promotion programs.

#### Skills Associated With Exercise Science Majors:

- Strong organizational, communication, critical thinking, teaching, and leadership skills
  - Ability to work independently and as part of a team
  - Interest in and commitment to helping clients
- Ability to teach, assess, plan and evaluate programs; counseling and training skills

#### Sample Career Titles

Aerobics Instructor	Field Health Officer	Personal Stress Manager
Athletic Director	Fitness Center Director	Personal Trainer
Athletic Enhancement Program Director	Fitness Instructor	Pharmaceutical Salesperson
Athletic Trainer	Group Exercise Instructor	Pharmacy Assistant
Biomechanist	Gym Manager	Physical Education Teacher
Camp Director/Trainer	Health Educator	Physical Therapist
Cardiac Technician	Health Information Administrator	Physician
Cardiopulmonary Rehab. Specialist	Health Instructor	Physician's Assistant
Clinical Researcher	Health Practitioner	Professional Team Trainer
Coach	Health Promoter	Professor
Commercial Wellness Center Director	Health Service Administrator	Recreational Therapist
Community Fitness Director	Health Teacher	Rehabilitation Specialist
Community Health Director	High School Trainer	Researcher
Corporate Health Advisor	Hospital Administrator	Respiratory Scientist
Dietitian	Hospital Health Educator	School Health Educator
Director of Recreation	Injury Management Advisor	Sports Agent
Emergency Medical Technician	Kinesiotherapist	Sports Equipment Designer
Employee Fitness Director	Lifestyle Counselor	Sports Manager
Event Marketing Representative	Managed Care Administrator	Sports Nutritionist
Exercise Physiologist	Medical Librarian	Sports Promoter
Exercise Specialist	Medical Salesperson	Sports Psychologist
Exercise Test Technologist	Nurse	Strength & Conditioning Coach
Facilities Manager	Occupational Physiologist	University Health Educator
	Occupational Therapist	Weight Management Specialist
		Wellness Coordinator

\*\* Some careers may require additional training and/or education

To find out more about the daily work of these professions, skills needed, and salary ranges, go to [Occupational Outlook Handbook](#) and type a career title into the search field.

Visit **Career Education & Development**, 124 Bailey Library, to discuss these occupations and career opportunities with a Career Counselor.