Subject: SRU Support ServicesDate:Friday, March 20, 2020 at 8:42:06 AM Eastern Daylight TimeFrom:SRU CommunicationTo:SRU Stakeholder

March 20, 2020

Dear Students:

Earlier this week you received an email announcing Slippery Rock University would be moving to fully online classes for the remainder of the semester. This is a rapidly changing situation which would understandably cause you to feel a whole range of emotions including confusion, frustration and anxiety. We want you to know that although our University is going to look quite different for a little while, our student-focused services will continue to be available to you.

At this time, all offices at the University are available by phone or email. Staff from those offices will return your message as soon as possible. As a reminder, if you believe that you will have trouble accessing your distance coursework due to technological constraints, please email <u>connectivity@sru.edu</u> or contact the Help Desk at 724.738.4357. We are committed to doing all that we can to help you access your coursework.

In this particular email we want to assure you that those offices that provide frontline support for your health and well-being will continue to provide service to you with just a few alterations. Should you have questions or require support, do not hesitate to reach out.

Student Support

Our Student Support Office helps students find ways to navigate stressful life events that might make it difficult for them to complete coursework. The office will be making minimal changes in order to continue to connect students to resources that will best fit their needs. Karla Fonner, director of student support, is available at <u>karla.fonner@sru.edu</u> or fill out a Care Report by <u>clicking here</u>.

Care Reports will continue to be monitored regularly and all students referred will receive outreach. The Boost peer team for social, emotional and personal wellness will not report to campus and all Boost events are canceled but we will post helpful resources and wellness reminders on our Twitter account, <u>@SRUBoost</u>.

Student Health Services

Student Health Services will continue to provide all regular medical services by telephone on a 24/7 basis for the foreseeable future. While Student Health Services will be staffed at all hours, we are not receiving in-person patients out of an abundance of caution during this time. If you are running short on prescription medications, need health advice, or are concerned about someone's physical or mental health, please call 724.738.2052. If you had a scheduled appointment with Student Health Services or have medications stored on-site, someone from our nursing staff will contact you by phone to discuss next steps.

Student Counseling Center

The Student Counseling Center will be closed during the extended Spring Break in order to restructure

our service delivery model to meet the needs of SRU students. During this time, you may contact the Student Counseling Center via email at <u>scc@sru.edu</u> or leave a voicemail at 724-738-2034 with questions or inquiries for referral information. A counselor will then contact you via phone or email as soon as possible.

There will be no face to face sessions occurring for the remainder of the semester. If you are currently receiving services through the center, beginning March 30th, we will begin reaching out to provide phone consultation and referral information.

If you are experiencing a crisis or emergency, please contact the Student Health Center (724.738.2052) or University Police (724.738.3333) **BY PHONE**. If you live off campus, and are experiencing an emergency situation you can call 911 for assistance. Should you find yourself feeling overwhelmed, spiraling, experiencing panic or anxiety attacks or having suicidal thoughts, you can also contact our county Center for Community Resources at 1.800.292.3866 or text 63288

Office of Disability Services

The Office of Disability Services will continue to provide student services in a modified capacity by conducting web- and phone-based, instead of in-person, meetings. We will communicate this information to you via SRU email. If you are registered with ODS, you should have received a communication on how to book your exams, receive notes and other accommodations. Our ATLAS program will continue meeting with students online to periodically check on their progress. Should you need to contact ODS, please call 724.901.1349 or email Natalie Burick, director, at <u>natalie.burick@sru.edu</u>.

University Police Department

The University Police Department will continue to operate 24/7. If you require police assistance and are on campus property, contact University Police at 724.738.3333. If you are off campus, call 911.

During this difficult time, we encourage you to remain healthy in mind, body, and soul. Please consider visiting these websites and taking a moment to breathe and adjust to this new way of life:

- Coping and Staying Emotionally Well During COVID 19 related closures
- Tips for Social Distancing

We recognize the challenges this outbreak has created for everyone, but one of our University's key strengths is our sense of community, so it is important that we all support each other during these unusual times. When we look back on how we handled this crisis, we will be judged by our ability to come together to support each other, maintain our composure and to solve problems. Remember that your University is here for you.

Until we meet again, be well.

David Wilmes, Ph.D. Chief Student Affairs Officer <u>david.wilmes@sru.edu</u>