# **ATHLETIC TRAINING**

## MASTER OF SCIENCE DEPARTMENT OF HEALTH AND REHABILITATION SCIENCES COLLEGE OF HEALTH PROFESSIONS

#### DELIVERY METHOD

On-site with one online course taken at the same time as clinical residency

> START DATE Summer only

**COMPLETION TIME** 22 months

NUMBER OF CREDITS 57 credits

#### **OTHER OPPORTUNITIES** Hands-on clinical experiences

According to the Bureau of Labor Statistics the athletic training profession is growing at the rate of 14% (much faster than average) through 2031.

Athletic trainers are educated in five domains (1) Risk Reduction, Wellness and Health Literacy, (2) Assessment, Evaluation and Diagnosis, (3) Critical Incident Management, (4) Therapeutic Intervention, and (5) Health Care Administration and Professional Responsibility.

Athletic trainers provide care for patients in a variety of settings, such as high schools, colleges, professional sports, physicians' offices, the industrial workforce, the U.S. Army, the U.S. Olympics and more.



Slippery**Rock** University

A member of Pennsylvania's State System of Higher Education

EXPERIENCE THE DIFFERENCE

www.sru.edu/graduate

## PROGRAM DESCRIPTION

The Athletic Training (AT) Graduate Program at Slippery Rock University is a combination of rigorous academic instruction and authentic clinical experience. The AT Graduate Program prepares proficient healthcare practitioners who will collaborate with other medical professionals to optimize the activity and wellness of patients and clients in sport, work, and life. Students are fully engaged in the science of athletic training focused on patient-centered injury and illness prevention, diagnosis, treatment, and care. Specifically, the SRU AT Graduate Program emphasizes a distinct concentration on advanced therapeutic rehabilitation interventions.

The AT Graduate Program is guided by the athletic training professional standards as well as the core program values of professionalism, respect, compassion, inter-professional education, evidence-based practice and student-centered learning. Students develop communication, collaboration, organization, teamwork, problem-solving and decision-making skills necessary for proficient practice with a diverse population.

Students successfully completing the AT Graduate Program are eligible to take the Board of Certification (BOC) Inc. examination. Graduates who pass the BOC examination are qualified to deliver quality healthcare in various employment settings such as high schools, colleges, professional sports, industrial, military and performing arts. Graduates are also prepared to contribute to the global medical community by reducing healthcare costs, improving healthcare accessibility, preventing and managing diseases, and promoting wellness.

**Note:** Individuals holding the BOC credential or are eligible to take the BOC examination are not candidates for the SRU AT Graduate Program.

## **PROGRAM HIGHLIGHTS**

The AT Graduate Program is unique because:

- The AT Program at SRU has an established history and tradition of excellence in athletic training education with the undergraduate degree from 1974 through 2019 and has continued the success into graduate education since 2020.
- Students in the AT program will collaborate with the other health and medical professional program students at SRU through interprofessional education and practice preparing them to lead the way as a future clinician in delivering the highest quality of care upon graduation.
- The SRU AT Graduate Program is structured to provide students with real-world learning experiences and clinical reasoning through a unique and immersive curriculum to enhance focus and depth of learning.
- The graduate program is committed to providing diverse, authentic, and immersive clinical experiences.

#### ACCREDITATION

Slippery Rock University of Pennsylvania is accredited by the <u>Commission on Accreditation of Athletic</u> <u>Training Education</u> (CAATE).

## PROFESSIONAL CERTIFICATION AND LICENSURE

All students successfully completing this program are eligible to sit for the Board of Certification (BOC), Inc. examination. Additionally, athletic trainers must hold licensure credentials in the state they practice. As regulations vary by state, please check the licensing board in your state.

## **PROGRAM CORE VALUES**

Professionalism Collaboration Integrity Authenticity Student Centered Respect Patient-Centered Inclusivity Compassion Excellence



## **EXPERIENCE THE DIFFERENCE**

#### **COURSE SEQUENCE**

The AT Graduate Program will require 57 credits of classroom courses and clinical experiences offered sequentially over four consecutive semesters and one summer to promote progressive, higher-order learning over time. Students will matriculate full-time in a cohort.

### TWO YEARS - FULL-TIME

SUMMER 1 (3 credits)	FALL 1 (18 credits)	SPRING 1 (18 credits)
ATTR 601: AT Foundations & Techniques I (3)	ATTR 602: AT Foundations & Techniques II (3)	ATTR 606: Upper Extremity Evaluation and Rehabilitation (6)
	<b>ATTR 603:</b> Evidence- Based Practice in AT (3)	ATTR 607: General Medicine Concepts in AT (3)
	ATTR 604: Clinical Anatomy and Kinesiology in AT I (3)	ATTR 608: Clinical Anatomy and Kinesiology in AT II (3)
	ATTR 605: Lower Extremity Evaluation and Rehabilitation (6)	<b>ATTR 609:</b> Head and Spine Evaluation and Rehabilitation (3)
	ATTR 610: Clinical Experiences in AT I (3)	ATTR 710: Clinical Experiences in AT II (3)
SUMMER 2	·	
	FALL 2 (9 credits)	SPRING 2 (9 credits)
	ATTR 725: AT Administration (3)	ATTR 715: Advanced Interventions and
	ATTR 725: AT	ATTR 715: Advanced

\*\* This document is meant to serve as a guide. Please consult with your academic advisor and refer to your curriculum guide prior to registering for courses. This plan should be reviewed, and verified, by you and your academic advisor at least once each academic year.

#### **PROGRAM OPTIONS**

- Undergraduate students enrolled in an approved 3+2 Pre-Athletic Training major with prerequisite courses will apply for admission during the third undergraduate year and be able to complete the SRU AT Graduate Program in a fifth year (3+2). Students with earned degrees and prerequisites will apply for admission and complete the AT Graduate Program in two years (4+2).
- For a list of current partnership agreement (articulation agreement) institutions, visit www.sru.edu/at.
- Students admitted to SRU with a high school GPA are eligible to enter the Direct Admit pathway and are granted direct acceptance into the undergraduate majors of Exercise Science or Physical Activity and Fitness Management and the Athletic Training Master's Degree Program. Students will work with an academic advisor to follow either the SRU Accelerated 3+2 or SRU Traditional pathway to make sure they remain in good academic standing and meet the requirements for both programs.

## FOR QUESTIONS ABOUT ACADEMICS AND COURSE SCHEDULING:

Dr. Kim Keeley Associate Professor 319 Patterson Hall 724.738.2621 kim.keeley@sru.edu

#### **ADMISSION REQUIREMENTS**

Applications will be accepted beginning July 1 until the cohort seats are full. All applications completed by November 15 will receive priority consideration for admission to the program. Admission requirements include the following:

- 1. A minimum of a baccalaureate degree (4+2) or completion of the first three years of an approved 3+2 Pre-Athletic Training Concentration AND the following prerequisites (taken within the past 5 years):
  - a. Anatomy & Physiology I with lab (3-4 credits)
  - b. Anatomy & Physiology II with lab (3-4 credits)
  - c. Chemistry (3-4 credits)
  - d. Kinesiology or Biomechanics (3-4 credits)
  - e. Physics I with lab (3-4 credits)
  - f. Exercise Physiology (3-4 credits)
  - g. Nutrition (3 credits)
  - h. Psychology (3 credits; introductory, developmental, or abnormal)
  - i. Statistics (3 credits)
  - j. Medical Terminology (at least 1 credit)
  - k. Biology (3 credits)
- 2. A "C" or better in all prerequisite courses
- 3. Official transcripts from any accredited college/university where credits have been earned GPA of 3.0 or higher on a 4.0 scale. (Students with a GPA below 3.0 may apply for conditional admission)
- 4. Two letters of reference:
  a. One from an academic advisor or instructor
  b. One from a healthcare provider; an athletic trainer is preferred
- Evidence of 50 hours of clinical observation/shadowing with an athletic trainer. You can upload your own documentation or use the one provided at www.sru.edu/at.

#### Notes:

- Upon formal admission to the program, the applicant is required to confirm the ability to meet the Technical Standards of the program. In addition, the student must provide: (1) valid proof of professional healthcare provider CPR/AED certification, (2) First Aid certification, (3) inoculations current with OSHA requirements for healthcare providers, and (4) criminal background checks prior to participating in clinical experiences.
- The SRU MSAT program utilizes a cohort model and does not offer advanced placement or accept athletic training graduate transfer credits.
- Regardless of citizenship, if you are a non-native English speaker, you
  may be required to submit scores that show proficiency in the English
  language.

#### **TUITION & ASSISTANTSHIPS**

Information on current tuition and assistantships can be found on the main Graduate Admissions website at <u>www.sru.edu/graduate</u>. Financial aid brochures are available through the Financial Aid Office <u>www.sru.edu/</u> <u>FinAid</u> or the Office of Graduate Admissions.

#### **INTERNATIONAL STUDENT APPLICANTS**

International applicants, please visit <u>www.sru.edu/graduate</u> for requirements.

#### FOR QUESTIONS ABOUT ADMISSIONS:

Office of Graduate Admissions 104 North Hall, Welcome Center Slippery Rock, PA 16057 www.sru.edu/graduate 724.738.2051 or 877.SRU.GRAD graduate.admissions@sru.edu

The educational policies and procedures are continually being reviewed and changed in keeping with the mission of the university. Consequently, this document cannot be considered binding and is intended to be used as only an informational guide. Students are responsible for being informed of official policies and regulations for meeting all appropriate requirements.