# PUBLIC HEALTH (MPH)
## Health Promotion and Wellness Concentration

**MASTER OF PUBLIC HEALTH**
**DEPARTMENT OF PUBLIC HEALTH SCIENCES** **COLLEGE OF HEALTH PROFESSIONS**

**DELIVERY METHOD**
100% online

**START TERMS**
Fall or Spring

**COMPLETION TIME**
21 months (full-time)

**NUMBER OF CREDITS**
42 credits

**CONCENTRATION**
Health Promotion and Wellness

CEPH ACCREDITED MASTER'S

**In the United States, between 2020 and 2030, the MPH-occupations are projected to add about 118,449 jobs to the Economy (EMSI).**

**According to the Bureau of Labor Statistics, healthcare occupations and those related to healthcare are projected to account for 18 of the 30 fastest growing occupations.**

Slippery Rock University

www.sru.edu/graduate

### ABOUT THE PROGRAM

Are you about to graduate or currently working and thinking of a graduate degree in Public Health? The MPH program at SRU is the place for you. Our program is fully accredited by the Council on Education for Public Health (CEPH).

We offer **100% online** Master of Public Health program. The SRU MPH program is practitioner-based, and we prepare our students for leadership positions in Public Health.

The SRU MPH program requires practicum field experience requiring students to further develop relevant skills in an applied setting. The knowledge and skills learned enable graduates to address public health issues at the community, institutional, and societal levels.

### PROGRAM GOALS

- Train students and professionals in a flexible online curriculum with the knowledge and skills to promote a healthy lifestyle, prevent diseases and support environmental health in our communities
- Promote faculty and student research that address the public health needs of all populations including those at-risk and from underserved communities
- Encourage and support faculty and students to participate in community-engagement services that eliminate health disparities, environmental inequities, and promote health and wellness among individuals and populations

### PROGRAM HIGHLIGHTS

- 100% online - get your degree without relocating to Pennsylvania
- Network with fellow students through group activities
- Exposed to the field by dedicated and experienced faculty members
- Skills and knowledge to complete the Master Certified Health Education of Specialist (MCHES) and Certified in Public Health (CPH) examinations (assuming all other certification requirements have been met)

### PROGRAM OPPORTUNITIES

Upon graduation, students with the **"Health Promotion and Wellness"** concentration will be able to:

- Analyze ways that a person contributes to their environment and community, and identify how to build living spaces and social networks that promote wellness
- Recognize barriers to culturally competent provider-consumer relationships and identify strategies to overcome barriers
- Incorporate written formats and media technology to increase the likelihood of engaging priority populations in health promotion programs
- Develop effective population health strategies for communicating with clients to enhance health and wellness
- Demonstrate how wellness is multi-dimensional and holistic, encompassing lifestyle, mental well-being, spiritual well-being and the environment

### ADMISSION REQUIREMENTS

All applicants must submit the following materials along with a completed online graduate application and non-refundable application fee:

- All prerequisite courses must be completed with a grade of C or better, prior to submission of application
- Official undergraduate degree transcript(s) and any graduate transcripts
- A minimum of a 3.0 cumulative GPA in an undergraduate major
- Previous completion of a statistics course and either one social science or one natural science course
- Personal statement indicating career goals and personal philosophy related to interest in Public Health
- One electronic recommendation form that addresses applicant's capacity for graduate level work

SCAN the QR code for more information

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## COURSE SEQUENCE

The MPH Program requires 42 credits over six semesters with each course meeting accreditation requirements and a higher order of learning as students' progress. Students have the option to matriculate full-time or part-time with Fall or Spring term starts.

| FALL YEAR 1 (9 credits) | WINTER YEAR 1 (3 credits) | SPRING YEAR 1 (9 credits) |
|---|---|---|
| **HLTH 604:** Social and Behavioral Aspects of Health and Wellness (3) | **HLTH 605:** Health Services Administration (3) | **HLTH 606:** Principles of Epidemiology (3) |
| **HLTH 628:** Biostatistics for Public Health (3) | | **HLTH 607:** Designing and Conducting Health Surveys (3) |
| **HLTH 631:** Foundations of Public Health (3) | | **HLTH 610:** Occupational and Environmental Health Sciences (3) |
| **SUMMER YEAR 1 (6 credits)** | **FALL YEAR 2 (9 credits)** | **SPRING YEAR 2 (6 credits)** |
| **HLTH 608:** Planning and Implementation of Public Health Programs (3) | **HLTH 611:** Infectious and Chronic Disease Control (3) | **HLTH 618:** Program Evaluation (3) |
| **HLTH 609:** Practicum in Public Health (3) | **HLTH 616:** Health and Wellness Coaching (3) | **HLTH 627:** Public Health Culminating Course (3) |
| | **HLTH 617:** Health Marketing and Communication (3) | |

## TUITION & ASSISTANTSHIPS

Information on current tuition and assistantships can be found on the main Graduate Admissions website at **www.sru.edu/graduate** Financial Aid brochures are available through the Financial Aid Office **www.sru.edu/FinAid**.

## CAREER OPPORTUNITIES

Employment of health education specialist is projected to grow 17% from 2020 to 2030, which is much faster than the average for all occupations with a median annual salary of more than $60,600 (Bureau of Labor Statistics, 2022).

An MPH graduate with a concentration in health promotion and wellness could work in these agencies or organizations with the following job descriptions:

- Federal government (CDC, USDA, NIH)
- Health departments (state and county)
- Nongovernmental organizations
- Intergovernmental organizations

**Job descriptions such as:**

- Health scientist
- Health coach
- Health inspector
- Food Inspector
- Faculty member/teacher
- Health education specialist
- Community health consultant
- Health education coordinator
- Program specialist
- Research associate
- Public health educator
- Public information officer
- Community health worker
- Community specialist
- Social service specialist

## ACCREDITATION

Slippery Rock University, Master of Public Health Program is a fully accredited program by the Council on Education for Public Health (CEPH). Please visit the Council on Education for Public Health for additional information, **https://ceph.org/**.

CEPH Video on "Why programmatic accreditation is Important": **https://vimeo.com/associationstudios/review/152497126/5be6c0b682.**

## PROFESSIONAL LICENSURE CERTIFICATION

All candidates completing this program are eligible to sit for the Master Certified Health Education Specialist (MCHES) examination or National Board of Public Health Examiners' Certified Public Health (CPH) examination (assuming all other certification requirements have been met).


**FOR QUESTIONS ABOUT ACADEMICS AND COURSE SCHEDULING:**

**Dr. Joseph F. Robare, DrPH, MS, RDN**
**MPH Program Director**
**Slippery Rock, PA 16057**
**724.738.2943**
**joseph.robare@sru.edu**

**FOR QUESTIONS ABOUT ADMISSIONS:**

**Office of Graduate Admissions**
**104 North Hall, Welcome Center**
**Slippery Rock, PA 16057**
**www.sru.edu/graduate**
**724.738.2051 or 877.SRU.GRAD**
**graduate.admissions@sru.edu**



**The educational policies and procedures are continually being reviewed and changed in keeping with the mission of the university. Consequently, this document cannot be considered binding and is intended to be used as only an informational guide. Students are responsible for being informed of official policies and regulations for meeting all appropriate requirements.**



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