

ADAPTED PHYSICAL ACTIVITY (CONCENTRATION)

LIFELONG WELLNESS THROUGH INNOVATIVE LEADERSHIP

MASTER OF SCIENCE

DEPARTMENT OF PHYSICAL AND HEALTH EDUCATION

COLLEGE OF EDUCATION

DELIVERY METHODS

100% online

START TERMS

Fall or Spring

COMPLETION TIME

Varies - minimum 18 months
(full-time)

or work at your own pace

NUMBER OF CREDITS

30 credits

PROGRAM DESCRIPTION

The Adapted Physical Activity (APA) concentration prepares professionals to meet the physical activity and wellness needs of individuals with disabilities across the lifespan. Designed for graduates in physical education, exercise science, special education, recreation, therapeutic recreation, athletic training, and related fields, this concentration equips learners with the skills to design, implement, and evaluate inclusive physical activity programs. Students gain advanced knowledge in disability sport, health promotion, and adapted programming. Graduates are prepared for careers in adapted physical education, recreation therapy, fitness, rehabilitation, and community health agencies.

PROGRAM HIGHLIGHTS

- 30-credit, non-thesis graduate program
- Includes a research project and a required six credit internship (or electives)
- 100% online coursework with flexibility to learn from anywhere
- Core courses offered in fall and spring, remaining credits in winter and summer
- Hands-on internship experiences in schools, clinical, and community settings

CURRICULUM

Required Core Courses

PHED 685	Fundraising and Grant Writing	3
PHED 740	Application of Research for Physical Activity and Well-Being	3
PHED 745	Leadership Training in Physical Activity and Well-Being	3
PHED 750	Internship **	6
Subtotal		15

**With Academic Advisor approval, students may substitute two graduate elective courses for PHED 750.

CONCENTRATION REQUIREMENTS

PHED 662	Disability Sport	3
PHED 673	Advanced Study of Disability in Physical Activity	3
PHED 678	Physical Activity and Disability Across the Lifespan	3
PHED 694	Health Promotions for Persons with Disabilities	3
PHED 698	Selected Topics	3
Subtotal		15

Total Hours

30

ADMISSION REQUIREMENTS

All applicants must submit the following materials along with a completed online graduate application and non-refundable application fee:

- Official undergraduate degree transcript(s) and any graduate transcripts (if applicable)
- Two electronic recommendation forms
- A 750-word essay describing how this degree will help you reach your career goals

Unconditional admission may be offered to applicants who submit acceptable credentials as listed above, and who have earned an undergraduate GPA of 2.75 or higher (based on a 4.0 scale). Applicants who do not meet all the above criteria may be offered conditional admission upon recommendation of the graduate coordinator and approval by the dean of the appropriate college. Applicants should have their final official transcripts forwarded directly to the Office of Graduate Admissions.

TUITION

Information on current tuition and assistantships can be found on the main Graduate Admissions website at www.sru.edu/graduate. Financial Aid brochures are available through the Financial Aid Office at www.sru.edu/FinAid or the Office of Graduate Admissions.

The educational policies and procedures are continually being reviewed and changed in keeping with the mission of the university. Consequently, this document cannot be considered binding and is intended to be used as only an informational guide. Students are responsible for being informed of official policies and regulations for meeting all appropriate requirements.

ADAPTED PHYSICAL ACTIVITY (APA) CONCENTRATION

Possible Careers:

- Adapted PE Specialists
- Health Promotion Agencies for People with Disabilities
- Advanced Recreation Therapy Positions
- Fitness Center Positions



SCAN the QR code for more information

FOR QUESTIONS ABOUT ACADEMICS AND COURSE SCHEDULING:

Dr. Dallas Jackson
Graduate Coordinator
126 Morrow Field House
724.738.4251
dallas.jackson@sru.edu

FOR QUESTIONS ABOUT ADMISSIONS:

Office of Graduate Admissions
104 North Hall, Welcome Center
Slippery Rock, PA 16057
724.738.2051 or 877.SRU.GRAD
graduate.admissions@sru.edu

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University

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www.sru.edu/graduate