### **Success Coaching**



# 7 Tips for First Year Success

### tip 1

#### **KNOW YOUR CLASS LOCATIONS & SCHEDULE**

Print out your schedule from MySRU or write class details in your planner. Have a copy easily accessible when you can't connect to the internet.

## tip **2**

#### **GET FAMILIAR WITH CAMPUS**

Use the online campus map to find campus locations: <u>http://rockpride.sru.edu/map/</u> Visit these locations during week 1: Bailey Library, Tutorial Center, ARC, office of Academic Advisor, Student Health Services, The Suite, Career Education & Development, Financial Aid



#### ORGANIZE EARLY

Start the semester organized. Use a binder, folder, or notebook for each class and keep track of handouts, assignments, and tests. Determine a system best for you and stick to it!



#### CREATE A SEMESTER CALENDAR AND SUCCESS PLAN

Use a calendar app on your phone or a planner to plan for important dates. Use your course syllabi to look ahead at exam dates and project or paper deadlines. Plan time to study and find the best study environment for you! Your room may not be the best place to study.



#### TRACK ASSIGNMENTS

Keep a list of your assignments — whether you use your planner, phone, or notebook. Having a checklist of your work will help you stay accountable for completing your work on time.

tip 6

#### **BE READY TO LEARN**

"80% of success is showing up" Show up on the first day of class prepared and ready to learn. Be early, sit in the front rows or center aisle, eliminate distractions, and ask questions.



#### **BALANCE YOUR COMMITMENTS**

Consider your roles and responsibilities outside of class. Do you have a job? Involved in a sport or club? Have family commitments? Make a plan to prioritize your commitments and manage your time.